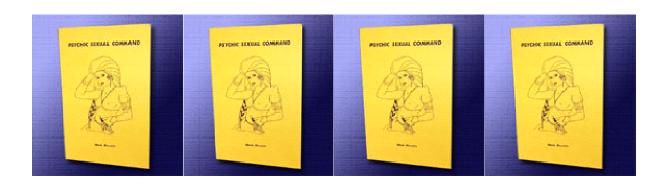
## Psychic Sexual Command Mark Desade







### PSYCHIC SEXUAL COMMAND



# International Guild of Occult Sciences College and Research Society



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## Psychic Sexual Command Classic IGOS Series

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Not only is this system proven by years of research by IGOS but, tested and proven effective by Ross Jefferies and Dr. Yates J. Canipe. Ross Jefferies is the well known Seduction Expert, author of several books and courses. Dr. Canipe is a success and life coach, author of several books and offers seminars around the world. This type of testing is extremely rare in occult and metaphysical circles. Two world class experts recommend and have used the techniques in this book set.

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#### ABOUT THE BOOK

Do not let the book title put you off. This is a proven system of psychic commanding and control. It can be used in any situation you desire. It is extremely powerful and you need to exercise judgment before use.

For years I have received positive feedback on the techniques in this book. Incredible real life stories of those putting the book into action, to command others to do their will. In a corrupt world where those with money rule everything, this is the equalizer for the common man! YOU HAVE THE POWER TO GET WHAT YOU WANT, USING THIS UNIQUE SYSTEM.

No complicated rituals, silly expensive machines or worthless magic systems that always fail, from the frauds on the Net. Here is a hard core, **Brain Based System,** proven through years of research and used by professionals like Ross Jefferies and Dr. Canipe for over 20 years!! What greater proof do you need? This is **not internet hype** like you get from other publishers on the Net. It is a scientific system offered by a not for profit College and Research Society. Do not be fooled by "ads" written by Net frauds selling the same old junk on a fancy web page.

This is the real thing, offered at a super low price for a limited time. In the past printed versions sold for \$50.00 each! All IGOS classic texts are selling for hundreds, some even for thousands! Even our old Spiral Bound editions sell for a minimum of \$300 to \$400, if you can find them.

There are a lot of people that do not want this powerful method offered to the public. IGOS is under constant harassment to stop publishing our powerful systems. IGOS is back, but for how long. We were put out of business once and they are trying to stop us again. It is important you obtain this valuable potent method while you still can.

In this book, everything is covered in detail, with easy to follow instructions. Like anything of value, it does require practice. There are no effective instant systems! Those stating this are liars! As an IGOS follower, I am sure you understand this and are tired of reading the false claims made by companies only seeking profits. Unlike IGOS that is a College and Research Society. The prize goes to those that are willing to train themselves for a few minutes daily. Dreamers stay at home in their parent's basement. With a little daily practice, you can soon be obtaining what you deserve out of life, instead of what others want to give you! It is all here for a limited time.

Do not let another year go by with you getting the crumbs others throw you, while your enemies prosper. Manifest you desires.

Here are some of the comments I have received from past users....

"I was finally was hired by a company I was trying to get a job at for over 5 years. I used the method detailed in the book for 90 days straight. It worked! I now make double my old salary. I am now using it to try and get a promotion"... Bryan Woodfork, Chicago, Il

"I was cheated out of a raise at my job by a jealous supervisor. Using techniques from the book I was able to get a promotion and an increase in pay". D. Fox, Middlefield, OH

"I spent hundreds on dates and never got anywhere with women. Using Psychic Sexual Command I was able to meet women and score without spending loads of money on dates. It took about 60 to 90 days of working with the methods in the book to get results. After I learned all the basics, it was easy to work with good success. The cost of the books, were less than the cost of one date". M. Cecchetelli, Boston, MA



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CHAPTER ONE

VERBAL PROGRAMMING

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- 1. How the Brain works.
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#### HOW THE BRAIN WORKS

The brain is made of two parts. On one hand we have a Huge Data bank, where everything that has ever happened to us is stored. No matter the importance or how long ago the event took place, it is all there. On the other hand, is the self, the potential operators of this Data Bank, but far from being able to make decisions or from being in command of this Data Bank, in most cases.

The Data Bank is loaded with programs or engrams of good enabad as our experiences, acts mechanically. We ignore and cannot predict its actions, yet our fate and luck depend on them.

All of our traumas in life, from the very beginning of prebirth through childhood (fights with parents, accidents, and all the bad experiences we have undergone in first years of life), set up the negative programs stored in this Data Bank. These programs will always be present and ready to make you fail in life, to make us prone to suffer illnesses, accidents and bad luck.

The same goes for all the good experiences we have had in our life. These include Love perceptions, caresses, protection, understanding, joy etc. These are our positive programs that will always influence favorably on us. They will help bring us success, good luck and happiness in all their forms.

All the good and bad events we have undergone once the Data Bank was fed with good and bad experiences, have been and are the consequences of the predominant or negative programs in each circumstance in life.

Most of the time we depend on the mechanical reactions of our own Data Bank, and reactions that arise from our lack of intervention are incomprehensible for our consciousness. Thus, everything in life is cyclical, with periods of success and failure in business

, love, health etc., our mind, a weak untrained muscle, is the cause of most of the reacting mechanically to external stimualtion.

It is very difficult to become an acting part of the Data Bank, and to stop being driven by the untrained mind. Our mental Data Bank has already been programmed and sealed to function as a block forever, at a time when we could not react against what was going on, and far beyond our control.

By the age of six, the basic incorporation of programs is almost finished just when our basic schooling starts. For many religions this is the beginning of the reasoning period and for most the beginning of sexual latency. The Sorcerer, the fairy tales and daydreaming, as well as the Alpha waves of the brain, give way to reasoning, watchfulness and attention. The being is pushed towards alphabet and mathematics, a long with a lot of other garbage that you will never need to know in your life. At this time, the Beta waves of the brain become predominant.

Our brain exists to ensure survival, but the success to achieve it depends on the amount and importance of its positive programmings. Negative programmings will always be both a threat and a hindrance for our free expansion and development in the world.

By this time, our fate and luck have been accidentally programmed. The only possible way to change them is to willing and consciously get to the Data Bank and change the negative programs to positive ones.

What we say about the mental computer and the operator or conscious mind has its organic counterpart in the nervous system.

Experiences and information is stored in the brain in an area known to science. Research done in 1930s showed by stimulating the upper area of the right temporal lobe with electricity, at

an inch deep, a person may start recalling forgotten experiences of the past with images and sounds, as the responsive neuronal patterns, possibly formed in each past experiences, remain intact and are likely to be reproduced under stimulation.

On the other hand, the operator or consciousness, ourselves, who wants to be programmed, are represented by a small area called reticular activation system that is located before the cerebellum at the base of the brain. This small area represents only one percent of the total brain. The reticular activation system is the only part of the brain connected with all the rest of it and with all body, and it is also the only part of the brain that stops all activity when consciousness is lost.

Facing this evidence, we see that the whole programming process will take place at a psycho-physical level. Our Data Bank is not only mental: it is a psycho-bio-Data Bank acting as an indivisible and still mysterious unit, though those two aspects may be separated for a better study.

#### PROGRAMMING METHODS

Throughout time mankind has tried to reprogram the Data Bank in their brain. The oldest method was the one trying to insert unexpected programs by force, comfronting directly the Data Bank's automatism. It is done by imposing unwilling activies opposed to those we are used to. For example, getting up early if we are used to getting up late. Changing our food habits for others, and performing those "MUST" activities that generally annoy us. This traditional method to develop one's will, a name given when the computer era terminology was not updated yet. This technique demands a lot of self-control, great effort, tension and sacrifice, and generally is very unsuccessful. Sooner or later, the small successes you achieved are lost on account of the powerful previous programs. When this takes place, the will

to try again is lost resulting in discouragement. It is as if we were birds pecking at the wall of a city to pull it down. The brain tired of the useless task, gives up forever.

Another method designed to control these programs is psychoanalysis. This method pretends to recognize gradually the positive and negative programs, so we can control them. Only a VERY small number of the people that go through this process never get any results from it. How many people state that they have been in so-called therapy for years, without solving their many problems.

The two other traditional methods of reprogramming are:
written commands and visualizations. The former deals with writing
positive programs or commands that we try to imprint in our Data
Bank. Those teachers who make their students write such phrases
as "I am a bad person" or: I behaved badly" as a penalty, are
only ENFORCING the negative attitude of the person. This will
not change their attitudes for the better. Instead, these teachers
should have the students write, "I am getting better each day"
or "I will study each day". BY making positive statements you
are better to change a persons attitudes. This should be done
NOT as a punishment, but as a planned daily activity.

The second case, uses visualizing images and not on writing. This method can be very successful if you know the secret to EMPOWERED VISUALIZATION. The Society offers a course on this subject matter that teachers you how to empower your thought forms. This is VERY important if your visualizations are to be successful. In general this method is weak without the Empowered technique applied. We should not see ourselves only as if we were in a movie or in front of a mirror, but as if we were REALLY there doing those things we are trying to instill in our Data Bank. Just thinking and seeing it is not enough, we MUST experience it, as if we were actually there!! If done correctly, you will get success with this method.

The last two methods have already produced some good results in general. The main problem is that our Data Bank is always on watch and alert when its programs are threatened with written or visual repetitions. This causes blockages and slow success. Besides, these methods are long and demanding, and produce boredom. With boredom, we tend to abandon the task, in spite of the general good results we get from it. Whatever one does reluctantly produces rejection and resistance on all levels.

#### HOW TO DO THE VERBAL PROGRAMMING

#### ELEMENTS ON WHICH THE METHOD IS BASED.

The findings of the behavioral psychology, (one of the few psychological theories with scientific grounds, that is in accordance with the methodological demands of the classical positivism, demands that neither the present physics nor biology can fulfill), support scienifically the possibility of producing permanent changes in our personality by skillfully planned stimuli. For this theory, only the behavior that can be observed exists, and if we could incorporate new behaviors more desirable to our personality or total behavioral repertoire, the previous undesirable ones would disappear. In other words, there is a possibility of permanently removing the negative programmings if we could change it by positive ones. This represents a concrete hope of achieving the goal of gaining command of our mental data bank and reprogramming it at will. There is a chance of causing the Data Bank's defenses to submit and of being able to master the Data Bank forever.

The behavioral psychology also showed that though new patterns are rejected as strange elements at first, they will finally become part of the Data Bank, if you persist in the reprogramming process. Relapses will occur, but this is all part of the reprogramming process.

According to Jung's psychology we take the hypothesis that during the period of sleep our mind performs a harmonizing and balancing activity. It rearranges the data of the day and past. If this is true, it means that we can replace old data with new data as the mind is given it over time.

It has also been discovered that there are certain states in which a person seems to be more receptive to certain stimuli, as it was found out in studies about the electric activities of the brain (by means of an electro-encephalograph with its characteristic undulatory traits printed on paper, from which comes the term "Brain Waves") and of the different states of consciousness produced by such activity. The mind would sometimes neglect its natural defenses and a new program could be then introduced.

We all have four states of electrical brain activities in the psyche. Each correspond to the four states of consciousness. They are the following..

The first is the BETA STATE. Beta is the usual state of attention we have throughout the day. It is necessary for reading or talking with others. Programming is VERY difficult if impossible in this state. Only mundane information is taken in in this state. The mind lacks the needed parapsychological faculties to take the new information in and retain it.

The second state is ALPHA STATE. This is a state of peace, calmness and relaxation. In this state the defenses of the Data Bank are weaker and we may access into it with new programs. Most of our pre-birth and childhood are in this state. In ALPHA STATE, space and time are altered, allowing all kinds of programming to take place. This is the time to input new programs into the Data Bank.

The third state is THETA. This is the state at the moment preceeding sleep or at the time we wake up. Theta is a must for sleep and wake-fullness. When we sleep we may remain longer in this state.

In this statevoices, images, time and space are greatly altered, even vanish, and we require a great deal of psychic powers.

The fourth state is DELTA. This is ordinary sleep. This state we have neither consciousness nor parapsychological or psychic powers.

One important thing to understand is, that the mind does not distinguish between the real and unreal. What may be imagined or conceived is psysichally real. This is regardless of it being physically real or not. The brain sees it and believes it is real regardless of it really being there to touch. All we need to do is "SEE" it. Being frightened by a nightmare or film, is an example of this.

As the old saying of positive thinking books state, "What ever the mind can conceive and believe, it can achieve". This is because the mind does not understand the difference between a thought and reality.

Words or verbalizations constitute valuable stimuliito provoke behaviors, and so, in this case we are going to use them on ourselves in the reprogramming process.

For reprogramming to take place, you need to keep the process as simple and as clear as possible. Because the brain is like a child and will obey if given the information is the correct way. A lot of people think simple methods to do not work. Society tends to tell us that the more complicated something is, the better it will work for us. The opposite is true. Like with most forms of occult magick, the simpler it is, the better it will work. This is all part of our negative programming that reacts with distrust when it feels theatened.

#### HOW TO DO THE VERBAL PROGRAMMING

As stated it is useless to directly challenge our Data Bank in the Beta state or in a state of wakefulness. It is necessary to trick the Data Bank to reprogram it. This trick is what verbal programming is all about. To regram the Data Bank we need to be in a ALPHA STATE. This is the state that new programming can be take in, and old programming can be discarded.

#### HOW IT IS DONE.

- 1. At night, when in bed, lights off and in silence, eyes closed and ready to sleep. You need to relax, have a feeling of calm, of being free from worry and stress. Any position is fine, as long as you can relax in it. Slowly breathing in and out is one of the best ways to relax. Do not over relax and fall a sleep. Do keep your eyes closed. This will help to keep you focused on your purpose and be distracted by things around you.
- 2. In this state, we will start counting progressively, starting with number one, doing this mentally and not moving lips. If your mind wanders while doing this, visualize the numbers as you count. The progressive count stresses our isolation from the external world and alters our consciousness so that resistances to new programs are weakened. Keep counting until you reach a number between 18 to 33 and feel you are focused enough. This number can change from night to night. This will be the numerical level in which we are ready to receive new programs, give commands, and then fix it. The numerical count represents us pulling away from our "normal" state of being, and then stopping at a place for our reprogramming can take place. The number 33 has a very profound symbolic meaning archetypically imprinted in human mind and culture. In occult lodges 33 is considered the number of stages a person must go through to achieve occult power. The number also refers to man's 33 vertebrae along which the vital energy climbs in the final and powerful process of self-empowerment.
- 3. Once you have stopped at a chosen numerical level, you state the following reprogramming words: "That my mind keep this command in my memory permanently and all the time, and make everything necessary to fulfill it". This is stated three times. You then state three times the wish you want to come to being. Finally you state

three times, " Let This command be fulfilled".

These words can be changed slightly, but always keep it as simple as possible. This is the best way the mind will take information in .The words proceeding the command aim at continuing the preparation of the mind to accept willingly what we will record. We say "Permanently and all the time", though we know that its effects last only a day or so at the beginning, in case this order is accepted, but we must do so because our goal is installing definitely those new programs. We say, "and make everything necessary to fulfill it" because we know that the mind, acting as the fastest computer, will obey blindly and mechanically using its great amount of data, most of which is unknown to us.

Once these words are mentally pronounced, we start our count down from the number we have stopped at to zero. This is the finish of the programming. This count down should lead to sleep, being able to sleep while we are counting, before we finish, or even immediately after pronouncing the command.

#### BASIC PROCEDURE

Relaxation with eyes closed Progressive Count Programming Words Decreasing Count

#### HELPFUL HINTS FOR MORE SUCCESSFUL RESULTS

It is very important that you are not disturbed while doing the programming. You should also be in a quiet comfortable place. If your concentration is broken while doing the programming, you will not be successful in reprogramming yourself.

You can selfprogram yourself during the day too, but it works best at night when you can go right to sleep. The sleeping afterwards is very important to quickly get the programming into your mind. Try your best to fall a sleep after the programming. If you do not you run the risk of taking in negative information you may receive after the programming procedure. This is because you have opened the programming channels by doing the procedure.

Only program one command at time and for several days in row without changing to a new command. After you have programmed the command for about four days, you can then go onto a new command. After you finish programming your commands, start the programming again beginning with the first command and working through to the last command. In the beginning only use specific commands, nothing general. After you have practiced for some time, you can than use general commands like, " I want more power in my life", or " I want success in my life". This gives the mind more ways to bring you success. This will greatly help you get results, but should be done only after you are more familiar with the methods used. Beginners tend to not know what they want.

#### HOW COMMANDS MUST BE TOLD TO THE MIND

Every command MUST begin with "I WANT" or "I AM GOING TO". "I want to be rich", "I want to cure my illness", "I want to be successful" etc. NEVER use negative commands like, "I'm not going to smoke", or "I am not going to be poor" etc. You must ONLY record positive commands like we have already stated. You can also use the word ALREADY. Like, "I am already wealthy", or "I already have great power in my life" etc. This helps the mind believe that it has already done the needed job to fulfill your command.

#### GRADUAL PROGRAMMING

At first as commands enter your mind they will only a day or so. It will be necessary to repeat the programming process nightly to keep the mind working towards it goal. Once you learn how to do the procedure correctly, and easily, your mind will start to accept commands more and more willingly. The natural blockages will be cleared and the programs will go directly to the Data Bank and be filed away for use.

As the programs begin to work you will start to feel better and and better in every way. You will feel more secure and calm. You will

reach your goals easily. Do not be so set on your goal that you do not see the results from it. Results can come in many strange ways. If you program for a higher pay at your job, you may lose your job. By doing this you will be forced to find a BETTER JOB, that pays more. You may even get nightmares or total calmness. It is different with each person. The nightmares are you clearing out the old trash from your mind, and the new program going in. You may feel strange in many ways. You may have some dizziness, or you may remember your dreams more. This is all normal and will not last long. The mind always FIGHTS change. This is all part of the process of reprogramming.

When the final programming sets in, old programs will disappear. As this happens you should record the new commands again. This will "CEMENT" the new commands in the mind. Do this for at least five days. The time it takes for all the new information to settle in your mind is different with each person. Some take as long 6 to 8 months. It depends on the command you are trying to program into your mind. If it is an area of major trouble in your life it will take MANY months of reprogramming to get results. NOTHING IN LIFE happens overnight. If it did, we would all be running the world. Time and work, is what it takes, but it will WORK!!

You know when the command has become part you. You will feel it bind to your being.

#### IN CASE OF RESISTANCE

You will find that you will come against resistance. The mind HATES change, and will feel very threatened by the new programming. This is a sign that our negative engrams are worried by the threat of death, and they will fight you. The fight will take forms as, lack of interest, forgetting to do the procedure, falling a sleep before doing the procedure, or even insomnia after doing the procedure. If this happens frequently, you will need to do programming during the day too. This is done by relaxing and using the following commands "I want to program every night", or "I am going to program tonight". If you are absent-minded, you should add images to the words mentally pronounced, such as to visualize the numbers as a staircase, or feel like being in the different situation according to your command.

In the case of insomnia, once the procedure is done, you should repeat the procedure several time until you fall a sleep, or you

can repeat only the commands over and over until you fall a sleep.

Instead of just repeating the commands three times, you can repeat them
until you fall a sleep. This generally works very well.

If you fall a sleep before completing the procedure, you should first state the command three times, and than start the number system. You can even shorten the number system too. If you are very tried, you can even just pronoun the command before you fall a sleep.

#### ADVANCED TECHNIQUES

As you practice your mind will take commands easier and easier. Just the fact of your head hitting the pillow may make it ready to take commands. At this time you can eliminate the number count. You can than also program more than one command per night, but do not change them each night. We will discuss in later chapters that four commands can be as strong as one. It is best to be specific with each command and not be general, when you use several commands at once.

#### COMMENTS

The superiority of programming techniques, either visual or verbal, lies in the fact that you need not do anything else. It is enough just to do the procedure and wait for the changes to occur. Furthermore, these procedures do not require the help of a therapist or any other professional as one becomes their own therapist.

The verbal programming is much better than the visualizing method in respect to time demands. The verbal can be done in a very short time period, while the visualizing takes a great deal of time. It is also effortless compared to the visualizing method. This is why it works so well. Each method is neurologically represented in one hemisphere of the brain and both are able to combine with each other. The left hemisphere controls verbalization while the right controls image visualization.

#### WHEN TO USE THE PROGRAMMING METHOD

Programming is only good at influences ourselves. It is not used to influence others. By programming ourselves, we are changing our

behavior, and this will cause change in our environment, which will cause others to react differently. The influence on others is, mainly, psychological. This is a natural parapsychological effect that influences others arising from ideas or convictions deeply rooted in our psycho-physical computer. By using the programming process, our parapsychological influence on the world is slightly changed.

With programming, we may invoke physical, psychological and parapsychological changes in ourselves, as there is no limit or unattainable goal for the mind. This is because there is no difference between REAL and UNREAL to the mind. When we record our commands, our minds start adjusting to that new reality, using its huge amount of data and energy to reach your goal. Through programming, we can induce changes in our anatomy as a result of hereditary biological programs originated in the biological computer. There are complete programs in our genes. Ofcourse, this process will take a great deal of time to achieve. We realize this when we observe the regeneration of damaged skin and tissues, that occur according to a scheme or program carefully planned. All disease are the result of an alteration in the correct programs.

We may use programming to prevent illness or to cure them. Do not use inplace of medical help, but with medical help. It can also ease pain. It is always best to PREVENT illness by giving health commands. Foe example: "I will be healthy" etc. You can greatly influence the DEGREE an illness will effect you if you use the correct commands against it. Many researches are trying various techniques of programming to lengthen life in search of immortality. Many researchers consider all illnesses to be Psychosomatic in nature. This includes cancer and AIDS. If this is true, programming for health will prevent most illnesses. The best commands to use if you are ill are: "I want to get cured of this illness", "I want to be cured" or "I am going to be cured" or "I am totally cured" etc.

Impotence and frigidity are of psychic origin in most cases, and may be programmed back to normal. Best commands are: "I want to have great sexual power", "I am going to be sexually better each time", "I want to be the best lover in the world" etc. The same is true with obesity or excessive thinness. Best commands are: "I want to lose weight", "I want to stop being hungry" and "I am going to gain weight" etc.

Almost all negative habits can be removed if you use the programming method. This includes drug addition and alcoholism. Best commands:
"I will stop drinking", "I will stop taking drugs" etc. If used daily, you will break these habits or additions. This of course will take time and work, but it will work!!

The same is true for improving your financial success. By putting positive idea directly into your mind, you will bring about success in your life. Best commands are: "I want a better higher paying job", "I will sell more each time", "I want success at my job" etc.

There is no area in our life that can not be helped by programming. You name it, Love life, success in school, success in sports, better luck, success in business. You can influence all areas of your life for the better.

You can even program yourself not to be dominated by others. Best commands are: " I want to stop being dominated" or " I want to stop submitting to him" etc.

People who are shy or submissive can program themselves. Best commands are: " I will lose my shyness" or " I will be bold in everything that I do" etc.

You can even program yourself against being attacked, having accidents and damages in general, whether physical, psychological or parapsychological. To avoid car accidents state "I want that no accidents happen to me". You can use programming to make enemies disappear, or get rid of people that verbally attack us. Once you have programmed yourself, these type of people will draw away from you. Programming causes all kinds of "occult" energies to form around you that will influence others.

You may even want to program yourself for more mental powers or to have more willpower. Or even program yourself to wake up each morning with new ideas. Again, it is unlimited what you can do with programming.

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CHAPTER TWO

PSYCHIC CONTROL OF A PERSON

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WHEN TO PROGRAM A PERSON.

#### HOW MENTAL INFLUENCES WORK.

Now to the fun stuff, how to produce changes in other people. In the ALPHA state brain activities are altered inregards to time and space. This is why the distance at which the person you are going to influence becomes unimportant. In Alpha our minds can visit other minds, and set programs into the mind we are visiting.

So far, science hasn't yet discovered any mental wave or any kind of energy that may be sent to program others. In the occult world, these powers are well known. The most popular and accepted "scientific" hypothesis refers to the supposed existence of a timeless, spaceless, fifth dimension in which the human mind might operate under certain conditions. Under certain conditions, our mind could be connected to any other mind at will. Anybody can perform this activity, if they know how to do it! This is generally how occult magick works.

Nobody but you can influence others for the purpose of your wishes than you. Other people do not have the "link" psychically , the passion or the interest that you have. Because of this, having others to the procedure or perform "magick" for you doesn't work. Only you have the needed motivation to get results. Furthermore, it is better to learn the procedures yourself, because there will be many times in your life that you will need to use these powers and you will not be able to have others do it for you. Even if you could hire someone to the work for you, there would be times that you need to do it for yourself. It is very rare that other can influence for you. You need to be actively involved to get results. Not, just a by-stander waiting for things to happen. This is a built in protection system, that keeps psychically powerful people from controlling the world! Think of what life would be if, a person could control anybody they wanted to, without knowing that person. You could rule the world!! While anyone can learn how to influence others, you must know the person you are going to influence, in one way or another.

#### HOW TO DO IT

Now that I have given you a long winded explanation on how the mind works, we will now get to the interesting part. How to influence others. You will now learn to Command Program others, what fun! This technique can be practiced any where, whether it be standing, sitting, walking, at home, In a Bar or Bisto. This can be done on one or more people without care of being interrupted. This technique is effective at any time, day or night, whether the person is asleep or awake, walking, talking or even at work. It is better not to do this at night before you do YOUR own programming, because messages may get mixed in the process. It was thought that it is better to influence people while they were asleep, but this has been proven not to be true. You may want to try both times though. Only be sure to do it several hours before you retire yourself. You should also command in your programming that ," I will not pick up anyone elses programming". This should be added to your usual programming commands if you are programming an other person.

If the person we are influencing is asleep, they will begin to dream with the parapsychological topic we are transmitting, or will immediately wake up thinking about about it. If the person is awake, the subject transmitted will become conscious, if at work or doing something, the person become absent-minded because of the new ideas and thoughts appearing to their mind.

#### FOUR STEPS TO CONTROLLING OTHERS

#### 1. Mild Relaxation and Closed Eyes:::

We start the same way we program ourselves. It is not necessary to relax totally, just feel comfortable and not stressed. Relax all your muscles and then close your eyes.

#### 2. Mental Move to the "SPECIAL PLACE" :::

Instead of counting progressively, as for verbal programming, in which it was necessary to get deeply into the mind to place an order or command. in this case we will proceed in a different way. Since we are going to visit another mind, our minds and imagination will

mentally move to another place, and then we must FEEL we are really there. It is not necessary to do this slowly, it can be done instantly. You will now move to that "SPECIAL PLACE" that will be the place you will command that person from. This could be a place where you think the person is, or a place you pick out of your imagination. It can be any place but, the place you are in now. This "Special Place" should be a place you feel comfortable in, or you feel powerful aty Since you will use this "Place" every time you influence the person you are working on. If you are working on more than one person, you should have a different place for each person. This well help the mind connect better to the work at hand. By using the same place, you trigger the mind to work on that person before you even start the process. That is why you need a different place for each person. If you use the same place for each person, the mind will get confused on which person you want to influence at this time. You do not want this kind of conflict going on. There will be enough conflict on the other end. One note on "THE PLACE", it need not be real. It can be a totally made up place. Sometimes this "made up" place works better for influencing others than using a real place. Real places hold certain feels, while "made up" place are easier to control and use for your purposes.

As you move to the "Special Place" you consciousness is slightly altered and you enter Alpha activity. The brain and mind begins to lose the Time and Space awareness, and you are able to influence others. As space is altered, distance disappears almost completely, and we connect mentally with any other being in the universe. On the other hand, time alteration makes us frequently lose the notion of the exact time employed during this practice.

#### 3. VISUALIZING :::

Instead of using the verbal commands as in chapter one, we use image visualization. See the person you wish to program as vividly as possible with our imagination. SEE this person as happy to be with you, doing or saying what we would like that person to do further in physical reality.

#### 4. RETURN :::

When you have finished your visualization work we can return

#### FOUR STEPS TO CONTROLLING OTHERS:::

- 1. MILD RELAXATION AND CLOSED EYES
- 2. MENTAL MOVE TO THE "SPECIAL PLACE"
- 3. VISUALIZING
- 4. RETURN

#### DETAILS ON PROCEDURES

1. How To Visualize in the "SPECIAL PLACE".

We must visualize the person to be influenced in active way, doing what we wish them to do. Many times when we think of someone, we move mentally. At this time we are able to influence the person but do not. In the case of memories, our mind is passive (when confronting the images). An active visualization implies making others perform mentally those actions that we wish to impose (whether these actions have occurred or not), as if that person was a puppet responding to our wishes, with the tension involved to move mentally and direct behaviors through visualization. Active visualization controls images while in mere remembrance, images control us. It is only possible to influence other people at a distance through active visualization in the "SPECIAL PLACE". When you mentally place a person in that "SPECIAL PLACE", we are tuned to that persons wave and then we can transmit our commands to them that they will follow.

When visualizing it is important NOT to see yourself as in a film or play, but as if it is REALLY HAPPENING! This will take some time to learn, but you must do this to be successful. You must feel like you are there physically facing the person as if in real life. You should only see part of your body, perhaps your arms or legs, but no more. DO NOT see yourself in TWO DIMENSIONS like a T.V. or movie screen. You MUST Visualize in normal, THREE DIMENSIONS as if that person was physically there! This is VERY IMPORTANT for a successful result. In the visualization the person should be active. Moving, talking etc. You should see the person doing what you want them to do. Using verbal commands will be much less effective than using image commands.

You should try to visualize the person clearly, but if you can not that is fine too, because the operator's mind thinks that it is the person, even if it is somebody or something unknown, that influence reaches the right person all the same. As you practice visualizing, you will become better and better at it. When doing your own programming you might want to add the command "I want to visualize better" etc. This will help you in your practice on others.

It also does not matter if you are interrupted or feel absent-minded when visualizing or if you mentally return again and again to the real world. This will happen as you practice. All you need to do is return to that "SPECIAL PLACE", and start over again. This is a normal process of an untrained mind. after time this will happen less and less. You should not let the outside world influence, just return to the "special Place". At first it will be hard to picture people laughing or loving at the "special Place", but in time, as you practice it will become easy. We can influence people who's feature we are sure of, by bring those features to the "special Place", and believe these features to be real. By doing this they will become real. Let your imagination run free, and do be afraid of exaggerations.

When visualizing, do not be influenced by so-called ethical principles that you met see in programming as a forcing or dominating the person's freedom. It would be absurd because human beings are not free, we behave as blind machines, permanently reacting automatically at outer and inner stimuli. Even though sometimes we may believe we are free, we are unknowingly overdeterminded in our attitudes and ignore the deep motivations of our behaviors. Slaves of our programs we, either conscious or not, influence or are influenced by others, convince or are convinced by others all the time. This is happening all the time to a lesser or greater degree. Parapsychological programming of persons though invisible, is just another suggestion or stimulation more, stronger and capable of reaching predominance in the maremagnum of trends struggling to control. For a human being, authentic freedom is just a possibility to be achieved after enormous sacrifice. Only the SUPER-MIND of a Master can control the influences of the outside world. Few in the world achieve this.

One word of warning about visualizing. You may be influenced by your own visualization of others. This will have a selfprogramming effect on you. As stated before, you need to put commands in your OWN programming

to the effect that this will not happen to you. That is, if you do not want this to happen. If you visualize a person falling in love with you, the side-effect may be that you fall in love with that person. You may also become obsessed by the images you visualize too. Another possibility is that when you visualize undesirable images may appear. For example: You may visualize one person another person appears in the the visualization with the other person. There are two reasons for this: We may be secretly interested in that person more, and this is your minds way of telling youthis, or the other person is trying to influence you with there own visualization. These problems can be easily avoided. Use the command technique given to avoid these traps.

As you become better and better at these techniques, you may even be able to skip going to the "SPECIAL PLACE", without hurting the results. This of course, is for advanced students.

#### 2. DAILY AMOUNT OFTIME

The more you practice the better. You should do these techniques daily. Three times a day for fifteen minutes is generally a good rule to go by. It is a mistake to set fixed periods of time for your practice. We should remember that this varies according to each person and that on some days, we are better disposed than on others. Some people visualize without problems for an hour or so or more, and others become bored after a few minutes of practice. Programming another person will NOT work if you do it out of boredom or obligation. If you program under these conditions, we would be causing negativity, and what is morse, we would be forcing our mind to work without enthusiasm and so we'll provoke resistance and opposition on our part, and then boredom or sleep, as soonas we think about visualizing. The minute you feel bored, you should stop practicing and do something else. You do not want to condition the mind against programming. If you do, you will fail at all future programming sessions. I have met people that have forced their minds to practice against will or on unimportant subjects, thus they lost the ability to use these practices forever. They negatively programmed themselves against using these procedures. One thing to remember, there is a difference between forcing and laziness. It does take a few minutes to get the brain going. Humans are basically lazy, and need a little pushing to get going, but after that it is forcing. Forcing in matters of programming is very bad.

It also may happen that during the first few days of practice that you get a headache on account of the muscular tension of that area while we are visualizing. You may even feel mentally tired, slightly dizzy, bright-eyed, etc. This is normal, and you should not worry about it. This is all part of the learning process. No pain no gain!!

As a general rule, you should do your practice several times a day for short periods of time until you feel totally comfortable with longer periods of practice. If bored or tired, stop IMMEDIATELY, for at least several minutes until you are ready to try again.

#### TIME NEEDED TO BE EFFECTIVE

The influence of the mind on another person is IMMEDIATE! Studies using very sensitive electro-miographs and psychogalvanometers show remarkable physiological changes in the person being influenced by using the process we have given you. It was found that these changes took place as soon as the operator begins visualizing and programming him or her from the operators "Special Place". The person being influenced begins to think about the subject or situation induced by the programmer , some moments after it has begun. Even if the influence is felt the first day, the period of time needed to obtain the desired results in modified behavior is always different. This depends on the degree of interest and passion in reaching the goal, the time devoted, etc., as well as the range of rejection a person has towards the behavior we want to impose. Each visualizing session is another drop in a bowl to be filled. Programming is a steady process of penetration into the persons mind. Nothing happens over night. All things in life are gained through hard work.

#### THREE STEPS OF PROGRAMMING A PERSON.

- 1. The program reaches the person mind and mixes with the other programs in the mind, and then the mind begins to be obsessed by them to some extent, and then physiological alterations and behaviors unobservable by the operator take place.
- 2. These new programs than start to produce new attitudes in the person.

These attitudes may be noticed selveral days later after you did the programming. This is called the "Slight Change of Behavior".

3. This new behavior will lead to the programming goals, with remarkable changes taking place. This will continue until the total instilling of the visualized behaviors and their definitive setting are completed. When this happens, practice should be stopped.

The "slight changes of behavior" may consist of a glance, an attitude, an unusual reaction that indicates to us that our influences has begun. Sometimes, the person is more talkative or nicer with us, or they may even refer to the programming topic. This is sure signs that it is starting to take effect. The great thing about programming is that the person thinks that they have come up with the idea, they have no idea that they are being programmed my someone else!! Of course, you will not tell them different. You may even see the person have brighter eyes, particularly when the visualization has been long and intense. Insomnia and a general state of drowsiness is also common side-effects on the person being worked on.

In the final stages, drowsiness or an increase in affection will take place. That is if you are trying to make the person fall in love with you. You should also notice a considerable decrease in rejections during the first two weeks after starting work on the person. This shows that the person is not resisting very well, and you should succeed without problems.

Another reason you want to observe these "slight Changes" is to confirm your capacity to modify other peoples behavior and give us enthusiasm to keep going! When the mind does not perceive any changes however unimportant they may be, it tends to become depressed and to give up work. That is why it is important when we start these procedures that we work on a person we will see frequently. This is to verify the changes happening. This person will be the control person we will use in the future to optimistically visualize others out of our sight afterwards. You must also bear in mind that, in regards to "slight changes of behavior", our negative programming (that hates success) and the lack of habit might turn us pessimistic or skeptical adscribing those infrequent modifications to change.

This how the human mind works. As sick as it might be. Look for success, and you will find it. This is very important for beginners.

# 4. PROCEDURES ON HOW TO HANDLE RESISTANCE

If a person is resisting, they may show withdrawal, fear or rejection at the beginning of our work on them. The possibility and intensity of resistance varies and depends on the degree of discomfort or aversion that a person experiments towards the behaviors we are trying to impose on her or them. You will notice these reactions in the "slight changes in behavior". By observing these reactions for the first two weeks, we will get an idea about the degree of acceptance or rejection to our goals for them. The upsurge of resistance should by no means discourage us. It is a sure sign that things are starting to work. All it means is that it will take longer for the programming to work. NOT that it will not work. There are three general ways to overcome resistance. They are as follows::

- 1. Insisting with stronger and longer visualizations until the other persons resistance is broken. This increases our influence if that person insists on withdrawing from us. We may even reverse roles, visualizing the person as if they were anxious to achieve our goals, while you show them a cold indifferent attitude. This total inversion of the persons' behavior may break theperson's resistance completely. The mind can not understand this kind of programming and is defenseless against it.
- 2. You may want to stop the work for a few days, and then renew it with more intensity. If resistance continues, we'll stop our practice again to insist with stronger visualizing later on. During these pauses, the person feels that the pressure is off, and they let their defenses down. When this happens, our programming starts to slowly gain entry into the person mind. With visualizing, nothing is ever lost, no effect is useless. The programming will slowly accummulate and gain entry to the mind.
- 3. You may need to calm the person down with use powerful visualizations. The person may become very fearful about the new attitudes

and feeling they are having. Sometimes a softer touch is what is needed. You may need to slowly build the intensity of the visualization.

You need to work with all three of these techniques, being alert to the slightest change until we find the best approach to the resistance. There are some people whose resistance is so strong that they try to travel away from you. This of course, is futile in mental influence. Others get sick from the loss of energy and strength by struggling against those programs arriving at their minds. Sooner or later, if you keep up the visualizing, the resistance is broken by the parapsychological pressure.

# OTHER WAYS TO INFLUENCE FROM THE "SPECIAL PLACE"

I have already told you about the need to visualize the person you want to effect as if in front of you, and think of it as real life. In the "Special PLace" we work on the person as if they were a puppet moved by the invisible threads of our imagination and goals. There is also another technique for those who have trouble visualizing. This technique must be used in the Alpha state, and is called "insertion Technique". Puppets can be animated not only by threads but also by introducing a hand inside them. In this case, we act within, we take the person's place, we transform ourselves in that person as if they were a puppet being alive and activated by the invisible operator's hand.

This is done by moving to the "special PLace" through our imagination, we then become the person we want to influence, we then feel as if we are that person and carry out the acts we are expected to perform. By reversing our roles, we become that person and are within them. You then act as if you were within THEIR body looking at yourself. This time you only a small part of the person, and totally see yourself. This is a very intense experience, and is used when you want a person to fall in love with you or to get sexually excited.

These are two VERY POWERFUL techniques that you should try.

### NEUROLOGIC ACTIVITIES INVOLVED IN CHAPTERS ONE AND TWO

All mammals' brains are divided in two halves or hemispheres more or less symmetrical. In humans, those hemispheres joined by the corpus callosum (a structure of 200,000,000 nerve fibers) work together with the following basic characteristics:

# RIGHT HEMISPHERE ::

Visual-Spatial-Intuitive-Synthetic-Analogic- Responsible for the left half of the body.

#### LEFT HEMISPHERE ::

Verbal-Temporal-Logic-Analytic-Rational- Responsible for right half of the body.

Because the brain operates in different hemispheres depending on the actions it is doing, it will be working different sides of the brain in Chapter One, and Chapter Two. One verbal and the other is visual. There is always a more active hemisphere in each person.

Depending if that person is more verbal or visual. Western man is considered to be more Left Brained, while Eastern Man is considered more Right Brained.

There are two kinds of thinking, VERBAL (when the left hemisphere is acting through internalized words) and VISUAL (when the right hemisphere acts through internalized images). There are also two kinds of memory, or recording of perceptions, VERBAL and VISUAL, etc.

On the other hand, it is known that consciousness depends on language and that only when events are processed by the brain speech system, they are consciously experienced. In this case, consciousness would have its location in the left brain hemisphere, and the right one (nonverbal) would lack or would posses only a hint of consciousness, a simple consciousness, as in animals. The functions of both hemispheres explain why you will find doing one exercise easier than another. You will find out if you are a Right or Left brain person. If you have trouble with one of the techniques, you should than spend more time with that area. By developing both hemispheres, you will that your general life will improve, along with your success in using this book. You can of course, use the Programming method to help you with the technique you are having trouble with.

#### WHEN TO PROGRAM A PERSON

I will give you a short list of the best times to use the Programming method. You of course, must decide in the end. To work only out of EGO, will lead you to the DARKSIDE. This is a negative path that will destroy you in the end. Think carefully before Programming a person. Make sure you really want this person or goal, because you will get it!!

# 1. To Make A Person Fall In Love With YOU :::

To do this correctly, for the first two weeks you will visualize the person happy, laughing, affectionate, and comfortable with you. After two weeks increase the number of love scenes, and sexuality. DO NOT visual heavy sex scenes right away. This will cause the person to put up blockages. Be slow, but sure in programming a person.

### 2. To Heal :::

Yes, there is more to life than sex. Healing is something we will need to know at one time or another. There is nothing worse than being powerless against an illness. You should visualize the person in the process of healing, or totally cured. The slow approach works well here too. One of the best ways to visualize healing is, you first see the person or organ with a black cloud around it. This is the illness. You then use a powerful bright white light to shine on that area. This causes the black to totally leave the area, see the area glowing with bright, clean white light. You can even go into the organ and repair it yourself. If you know a person with a broken bone, you can enter that bone and see it totally repaired.

You of course, can also use this method on yourself. Besides using Verbal programming, you can move mentally inside your own body where the disease is, as if it were the "Special Place" and proceed to visualize it totally cured.

### 3. FOR HYPNOTISM :::

You can hypnotize a person at a distance or render asleep a person at a distance. This is opposite to the ordinary hypnosis because it is

parapsychologically induced without the subject knowing it. Once we have done this, we can transmit orders to the person asleep by using the visual image programming technique. You can also use this method to successfully program a person for a hypnosis session.

# 4. For Business, Work, Studies, Etc..:::

In your "Special Place" visualize the person acting as you want them to. This should include Happy, laughing, signing contracts, doing deals, celebrating, etc. This is particularly effective for attracting business or allies.

# 5. TO ATTACK ENEMIES :::

Here is a fun one. You can totally disarm your enemies by visualizing them laughing and happy to be with you, as if they were close friends. This totally confuses their mind. They will either stay away from you, or totally change their attitude towards you. You could also attack them mentally, with a number of weapons. More on this in my next book, "Psychic Warfare and Protection".

# 6. To Influence Animals and Plants :::

The power of visualization is not limited to human beings, you can also use this power on animals and plants. You can use it to prevent dogs and cats from bothering you at night, to go away or stop being noisy, for insects or birds to leave a field, or for plants to grow healthier and larger than others, etc. In the case of insects, a single visualization may force them to leave a plant. Their nervous systems are very simple and easy to effect.

Basically, you can use this power for what ever you want. Try it on all kinds of things. Note down the results.

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# CHAPTER THREE

# PERCEPTION AND INFLUENCE

THE THETA STATE. THE DEEPEST STATE OF CONSCIOUSNESS

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# THE STRUCTURE OF REALITY

As we do more and more research, we find that the traditional way we look at the world is totally changed. As a result, a new understanding of the universe and of the human beings, as the appearance of a new logic, spring toward a modern structure of reality. In a deep level, it is the human consciousness itself in its permanent evolution what has enabled this new understanding of reality. Perhaps, in a deeper level, the universe as a whole, continues its own eternal knowledge through the mind of man.

As we study psychic powers and mind more, we find that matter and mind are more and more alike, that matter becomes more and more "mental" and that the mind "solidifies". Perhaps, both are different aspects of the same reality. Everything is relative, indeed everything may be or may not be. If you ask whether the human mind has parapsychological powers we must answer: yes and no. Yes, under certain conditions, and no, under another conditions. If someone asked how light is formed, we might answer, by waves and particles. Sometimes it seems formed only by waves, and other times as if made up of only particles or photons. Both theories were already proven, both theories are accepted in physics. Sometimes, energy, waves and sometimes material particles.

Aristotelian logic states that a body ca not be in two different places at the same time. This is true, but the opposite is also true. Experiments in quantum machanics show that an electron may go through two different places at the same time. Everything may be or may not be. The appearance of this new quantum logic is to be followed by more profound philosophical implications. Metaphysics is a part of philosophy trying to answer the question about what is real and how it is. Traditionally, there were two opposed and extreme positions in metaphysics. Realism (Aristotle, St. Thomas Aquinas) postulates the existence of things as independent from its observer. If this observer died, the world would continue its existence, for example , a table, a tree, stars, etc. exist without him. But metaphysic idealism (Berkeley, and mostly Hegel) sustains that only what is perceived, exists. The world is no longer outside the observer, but within himself. If the observer disappeared and stopped perceiving , things would cease being.

If all things are in the mind, when I disappear everything will disappear too.

For the first time in history of philosophy, and from the present discoveries of physics and parapsychology, we can assemble an outbidding sythesis of that old opposition between realism and idealism. This consists in the fact that sometimes reality acts as external to the subject observing it, and other times it seems to depend on him completely, as occurs in quantum physics with certain results in experiments that have existence if they are not observed. That is why we must be realists or idealists, according to each case.

At certain levels, nature seems to operate after rigid laws and in others, randomly. We only see a part of reality. There is a larger reality, or many realities, its knowledge is cause and effect of a larger consciousness in man. The growing maturity of mankind enables to contemplate more and more, huge mysteries without losing the way or getting mad.

Does a prefixed destiny exist for each of us? Yes. Or, on the contrasy, are we free to build our future at will, without conditioning of any kind? Yes, too. It depends on us to create the necessary conditions. Everything is relative. Just as in quantum physics the alternative results of an experiment are overlapping until observed by the expreimenter (we may say chosen, and inevitably altered by him) andone of them becomes a being, in the same way, each of us has many possible destinies to bring with more or less effort to the stream of our risky life.

With our parapsychological influences we could assign also to others one among many destinies or "possible worlds". Sometimes our mind behaves as in a selfish and individual isolation, and others, as a part of what exists, as if all things, material or not, were only one.

And Space and Time? They are a reality, but in some cases they become annulled (more exactly, the continuum space-time, both relative and flexible, adopts rather unusual shapes for our own reasons). Our mental expreience shows us that there is a time that elapses, passes away, that there is a past, a present, and a future. But through physics, we know that in space-time there is no past, no present, and no future ( as if everything was an eternal present, such

as the enlightened and mystics of all times have stated), all things are, everything is, it is so simple.

Many strange phenomena take place under certain conditions of the human mind, and perhaps it is more, much more than what it seems. Once, Carl G. Jung was asked about what lies in the deepest of the human mind and he answered: " the universe". We must remember that when Jung investigated the synchronicity phenomena (in which the individual mind seems to alignate and take part in everything that exists, giving place to external events in the world-significant "coincidences"- that at the very moment corresponds to internal events of the individual mind producing them) he said that they only took place when the emotional state of the person was altered. It is possible that he referred here to those conditions of the human mind that allows it to reach different kind of spatialtemporal coordinates from which one may get in touch with any other part of the universe ( to perceive or influence it, for at those levels it's impossible to observe without affecting). This would be that dimension explaining the influence of the human consciousness upon the world.

### NEUROLOGIC ACTIVITY DURING THE PRACTICE IN THETA STATE

1. Neural Centers of Consciousness and the Unconscious

In chapter one we referred to research on a possible neurologic location of the consciousness, that they called reticular activation system (R.A.S.) located under the brain. Sir John Eccles, Nobel prize neuologist, gets to astonishing conclusions. He holds that consciousness has its center in the left brain hemisphere, mainly verbal hemisphere (The limited language of the right hemisphere would give it just a primitive state of consciousness, at best). According to Eccles, the brain-mind relationship has its union in the left hemisphere. On the other hand, the researcher David Galin says that the center of the so-called "conscious" is in the right brain hemisphere.

2. Origin of Several Psychic Alterations.

As we have seen, each brain hemisphere perceives and records stimuli of different nature separately. The left brain hemisphere perceives and records verbal stimuli while theright one does the same with what is visual.

Then, what would happen if messages reaching each brain were contradictory. For instance, if a mother told her son not to do something and then he saw her doing it, or if she said " I wish you were married" and then she acted in a disapproving way etc. When this happens, we arrive at what in psychology is called "double bind", the reception of two contradictory messages. Through neurophysiological discoveries we know that those messages are received one in each hemisphere, coming to a state of inner contradiction in which verbal and visual recordings oppose one another (psychic splitting, we might say). David Galin was the first to notice this, observing that when two hemispheres do not agree in an acceptable way, there are problems of behavior, hyperactivity and general agression. Other researchers see these contradictions between both hemispheres as responsible for the anguish and sometimes, schizophrenia, in extreme cases. maybe the present use of alcohol, drugs and suicide attempts are intented to lesson or calm those contradictions in the hemispheric recording. Epilepsy is also linked to the interhemispheric activity. Epileptic attacks are caused by terrible discharges from one hemisphere to the other, by true "neuroelectric storms". Such discovery led neurosurgeons to practice the total cut of the corpus callosum communicating both hemispheres to isolate them, in case of epilepsy non-responsive to therapy. Such operations (successful as the epilespy was overcome with only a few minimal secondary alterations) allowed us to study the hemisphere s in a separate way, giving place to the discovery of their peculiar features.

# 3. Interhemispheric Communication

The activity of only one of the hemispheres without the other is never enough. Whatever we do must be a teamwork between both hemispheres, for in order to know if the information of the right hemisphere is real or sysmbolic, it is always necessary that the critical analysis of the left hemisphere. As Francisco de Goya said: "imagination, isolated from reason, only produces impossible monsters".

The information from the right hemisphere may filter to the left through sudden ideas or insights, in which a problem or dilemma is clarified immediately by a new point of view, providing us with an unexposed solution. In general, it may produce surprise and even laughter. (this seems to be the mechanism of jokes. When somebody

tells a joke we start an activity of logical reasoning from the left hemisphere that towards thefinal step is unexpectedly taken by the right hemisphere, releasing an energy eliminated through laughter reflexes).

The sudden awareness of the right hemisphere contents is the "cureka" of inventors and the inspiration of artists, who felt as if those ideas or visions of things came from another part. The greek thought they came from Muses, for example.

If the inhibition from the left brain failed, the information arriving from the rightone would possibly annihilate our consciousness. May be this is the origin of several forms of psychosis (total loss of psychic contact with reality). As the poet said:

"The lunatic, the lover, and the poet are of imagination all compact such tricks hath strong imagination that, if it would buy apprenhend some joy, it comprenhends some bringer of that joy:

Or in the night, imagining some fear, how easy is a bush supposed to be a bear !

By:: Shakepeare

The most intense kind of communication from the right hemisphere to the left one, takes place when the brain's electric activity gets into THETA state, characterized by waves ranging from four to seven cycles per second. In that state, when we are almost asleep, hallucinations and dreams take place. Hallucinations (either auditory or visual, in general, so called clairhearing and clairvoyance, respectively) consist on hearing voices and seeing images unexpectedly, and overlapping reality for short periods of time. Those that have studied this phenomenon best, believes it is due to information originated in the right hemisphere. When auditory, those hallucinations constitute the "inner voices" heard by the ancient, and believed to come from their gods. The Lliad has plenty of such facts. That it represents verbal information originated in the right hemisphere is proven by the feature of those auditory messages: brief and

expressed in a very limited, often symbolic language. Visual hallucinations have the same origin, appearing as sudden flashes that take us very fast and briefly to another world, to another reality. Dreams represent another way of communication from the right hemisphere to the left one. Both hallucinations and dreams, have puzzled men from all times (the Lliad is also an example). According to several researchers, we dream with our right hemisphere, as the wide range of images and its limited language show.

- 4. Personal Hypothesis and Conclusions.
- A. Consciousness: We are always conscious. Now, when we dream, etc. We are always conscious but apparently located in a different place. While we are reading this, all our world of images, hallucinations and dreams remain unconscious to us. When we have hallucinations or dreams, all this verbal and logical world becomes the unconscious of that moment. It all depends on where we are situated for our unconscious to change. The unconscious is relative to our conscious position.

Besides, we do not know if the communication with the right hemisphere occurs only through the electric impulses of the nervous cells and fibers or in any other way. We do not know if during the theta state, our consciousness or left hemisphere becomes more permeable to those messages from the right one, or if on the contrasy, consciousness is like a ubiquotous and mobile center, able to move from one hemisphere to another, willingly or unwillingly. Following this reasoning, perhaps exists the possibility that it goes outside the brain and moves away of it (as universally most traditions sustain).

B.What contains the right hemisphere, information, information records, and instincts, inherited register of specie's drives, necessary for survival. It also holds all the information obtained through perceptions (as we have just seen, eminently visual) and experiences. This is the information obtained through our senses, the psychological information. (the mental computer represents all that is registered in both hemispheres, not only in the right one)

We suppose that there also exists another register information obtained without sense-mediation: the parapsychological information.

And, last, besides the register of instinctive, psychological and parapsychological perceptions, the right hemisphere would be able to influence persons and things parapsychologically; either unwillingly on dramatic situations, or when we deliberately impel it to perform.

C. How the communication with the right hemisphere take place: we must reach the theta state first, as we'll see. In this state, when hallucinations anddreams take place, we'll use it to request the desired information or influence.

If what we have requested is information, the right hemisphere will provide it through brief hallucinations or dreams, expressed in the best way. They will be message full of images, in a restricted language, literal or symbolically expressed. If those messages have a symbolic trait, we'll proceed to analyse them as it's stated in the last part of this chapter. If our request is in the right hemisphere is given to influence people and things, we'll do it in the theta state, and also in the same way, through brief hallucinations or dreams.

# 3. THETA, THE DEEPEST STATE OF BEING

Theta is the deepest state of consciousness we can reach. In this state psychic power is opened to us. This state enables consciousness to reach a level from where it has instant and dramatic power over any other mental or material part of the universe. Theta is the main state for entrance to other dimensions. In this state your consciousness can move freely to any place chosen. At the moment we fall to sleep and when we wake up, we are in a state of Theta. Though this state fasts VERY quickly, and we usually do not even know it. We again go into this state as we sleep for a fairly long period of time, and this is when we dream.

When getting asleep, we pass briefly through theta state having short hallucinations either visual or verbal. Several researchers are working on devices that will hold a person in theta for a few minutes. The Society will undate members on these devices in the future as they become available. These devices work by sending stimuli with the purpose of awaking us, when we are arriving at delta state, that total sleep state, and the stimuli that renders us asleep before reaching alpha at waking time. If we get in theta state for

an instant, in a conscious and direct way, there will be a sudden fracture with the outer reality of that moment. We enter another world instantly, forgetting this one and we'll lose consciousness of our physical environment and even of our body. The difference between alpha and theta state is sudden, violent and unpredictable, so we can not mistake it. It is a trip to the inner most world of the universe. It is a strange world filled with oneiric images and strange voices trying to tell us information and ancient secrets of times lost. In the same way, dreams represent messages with the purpose of enriching us and guiding our consciousness to a better reality.

when doing verbal programming or influencing through visualizations, we may even reach theta state. If this does happen, you will suddenly hear inner voices or even have strange images in our visualizations. In order to recognize the theta state you must do the following: during the night after doing your verbal programming repeat the command that you used that night in programming over and over in a monotonous and always mental way. Keep repeating it, and it will undergo a deformation when we are getting near the theta state, and then utter another phrase, perhaps a strange one. We many time go into a theta state while driving, and we may see a sudden image or ghostly figure appear in front of us. This is the effects of the theta state. This can happen with the eyes open. Think back on your driving experiences, I think we all have had sudden flashes of things in front of us. Some of even may tap into a frightful, almost demonic realms in our dreams when are in theta. If we learn to control this state we are tapping into unknown powers of great value. When consciously get into theta state, you will hear noises in the room or out of it. You may hear furniture creaking, or some other strange noises. This is all perfectly normal, and will not cause you any harm.

When practicing getting into theta, take it slow. Most people get fearful at the things that start to happen. To reach theta you will need to reach a pretty relaxed state, generally the deeper the better without falling asleep.

# 4. PERCEPTIONS IN THETA STATE

You will get a lot of messages from the right hemisphere in the theta state. These are easy to forget, so have a piece of paper.

and a pencil near to write down the literal or symbolic messages you will get in that state. When in theta we breach reality and we enter the astral world of dreams and symbols. Theta is your psychic state of consciousness for creative and mystic experiences. This is a powerful state that has all the answers to all of our problems and the problems of others. In this state you can ask any question you wish, and you will the answer to that question. Do not limited the questions to the mundane, ask about occult subjects. Many creative people use this state all the time for ideas and inspiration without even knowing it. Many famous inventors describe experiences that add up to theta state perceptions.

To get information from the theta State you will need to proceed in two ways. You either provoke a brief hallucination through the theta state preceding sleep, or you control the dreams appearing while in the long theta state in sleep.

### A. Through Brief Hallucinations.

To control Theta you need to choose a comfortable position. Lying or sitting usually works best for most people, but lying down may cause you to fall asleep, this you do not want to do. You need to place your head on a pillow or cushion because of the sudden headshake when entering the theta state. Many report getting to theta easier when they have a slight fever. This seems to help the mind trigger the state for some reason. It may be trying to heal itself better.

You than relax your muscles, close your eyes and move to the "Special Place". After doing this, repeat mentally and monotonously your question, over and over again. Letting images freely flash through your mind. You are then in alpha state at that time, but as you repeat your mental question in a passive and monotonous way, you may reach theta state. You get into theta state abruptly through a direct or indirct way. Through voices and images you will get the answer to your question. These voices and images are unpredictable as the images you see in dreams. They can come from any where and may not be male or female in nature. Do not worry, just be happy you got the answer to your question and do not worry about the details. After getting the answer it is best to wake up, this way you will not forget the answer to your question. You may get a symbolic message, like you get in dreams. You need to analize it like it came from a dream.

If you enter theta with a question, you will always get an answer. If you do not have a question and you still enter theta, you will get all kinds of messages. Most of which you will not understand. At first the messages will probably be symbolic, but in time they will get clearer and clearer.

If you are tense or get into theta state for only a moment, you will probably not be able to get into theta again for the rest of the day. You must not force yourself into theta. Try it the next day, or do something that will bring you into that state without trying, like driving etc.

While after time you will more clearer answers to your questions, you will still get a lot of strange experiences too. You will get odd words and pictures that will take thought to figure out. This is normal, do not worry about it. Go with the flow and THINK about the information you got from theta. In many ways it is like divination, you do not clear cut answers, but directions to answers. Again, you can use your programming to help you get clearer answers to questions. Many people do not take the advice given in theta and live to regret it. Theta always knows best, to fight usual causes problems. I warned you!

# BASIC PROCEDURE

- 1. Relaxation.
- 2. Close eyes
- 3. State the question mentally and monotonously and repeatively.
- 4. Brought into theta state where the answer is seen or heard.

# B. Through Dreams ::

You can also obtain information through self-induced dreams. You program yourself before sleep to dream an answer or a solution to a problem you have. For example, "I want to dream how to make more money" etc. This is your verbal command for the night. Next morning as soon as you wake up write down your dream. This can be a very useful tool for helping you in your life with any problem you now. It is also easier than purposely putting yourself in the theta state. We all sleep, all you have to do is a little programming before sleeping.

Once you get the answer, you then program yourself with the answer the following night like instructed in Chapter one. Little work for a big pay off!

### 5. Influence In Theta State

Now for the good stuff you have been waiting for. How to control others while in the theta state. To do this you need to know and have practiced the theta state procedure we just gave you. That is why we gave them to you. We control people the same way as with the previous procedures. That is, either a shorter period when we are about to fall asleep, or a longer while we dream, and we can also use both methods together. This added greater power over the person, and should have them do what you want quicker.

# A. The brief Period in Theta

Basically everything I have stated previously still hold true, the only change is that instead of oassively waiting for answer, we'll now work actively.

First, do as stated before, relax in a chair, move to the "Special PLace", and then get ready for action. Once in the "special Place", you begin influencing and visualizing as in chapter two, but this time the visualizations will be monotonous and repetitive to induce sleep and the bringing on of the theta state. By doing this we will get in theta with the same visualization and intention. Although as we know, we will lose control in theta, as we have been actively visualizing immediately before entering theta (in alpha state), we'll enter theta with our purpose, imposing it violently on the person we want to program. If we achieve it, the influence will be very powerful.

It is generally very difficult to keep control while in Theta. You may find all kinds of strange things happening to you and others as you enter this state. If you are programming a person, you may over react and cause the person more harm then you wish. The key to controlling Theta is to begin your programming in Alpha and then move to Theta. The best way is to just relax,

and like Theta slowly and naturally come to you. Do not force it. If you are ready and willing, it will appear spontaneously.

# Basic Procedures

- 1. Relaxation
- 2. Close Eyes
- 3. Visualizing in Alpha State
- 4. Entering the Theta state with our images ready to impose on your target.

# B. Through Dreams.

In this case we'll proceed in a similar way as we did with perception of answers through dreams, but this time. we do it in an active way sending messages, instead of receiving them. Dreams will appear to be more real than they usually are. You proceed like in chapter one, you program yourself to influence a person during your dreams. For example, you would state," I want Mary to be very sexual to me the next time I see her". This command works well, because we stay in Theta longer while dreaming. The main problems is controlling this state again while in dream state. The problem is, that you might influence someone else that may pop into your dream. This is common in the dream state. You may even state a different program once you get into Theta. Again, you may even send negative or strange programs to the person your trying to influence because of the strange things that happen in the dream state. You get a call from that person stating they had a terrible nightmare. As you learn to program yourself, these problems will go away. In the beginning anything can happen.

# 6. OTHER WAYS OF PERCEPTION

# A. The Alpha State.

Alpha state can also be used to get information. You do this by mentally moving to the "Special PLace" and visualizing a movie or T.V. screen where the answers to your questions will appear. It is also possible to mentally consult "ASTRAL GUIDES" who will appear in you "Special Place" and give you information. The problem with this state, is that the information gotten from this state is very

untrustworthy. Your conscious mind have too much control in this state. This technique will help you get to Theta, so it does have some use.

# B. Involuntary Muscular Movement.

Other ways of getting information is through slight involuntary movements. Some of these are Tarot cards, I Ching, and Radiesthetic pendulum process, upon which the operator influences through their hand movements that they are unaware of. This can be by either mixing cards, throwing pennies or holding a pendulum while asking a question. These techniques cause the same problems as Alpha techniques. They are greatly influenced by the operator.

- 7. Analysis and Interpretation of Dreams.
- A. Dreams in the Past.

Every culture past and present no matter of their location give great importance to dreams and their interpretations. In past times dreams were thought to belong to the Gods and Spirits, who spoke to men while they were asleep. This is shown time after time in all cultures mythologies, no matter the location. Dreams were considered direct communication with the Gods and their helpers.

Other believe that dreams express intimate and hidden desires that surface when the soul is not pressured by the outer world. It was also thought that while dreaming, the soul doesn't receive impressions but produces them. These dreams refer to the dreamer, being direct messages from is mind. This is how they generally are thought of today.

### DREAMS IN SAVAGE TRIBES

B. All savage tribes give great significance to dreams. Many tribes share their dreams with each other. If a person dreams of a flood or other problem, this is considered a direct message of warning and is shared with the whole tribe. This is common to most tribes. To these tribes there is no minor dreams, or personal dreams. All dreams hold great importance and must be shared with the entire tribe.

#### C. GREAT MEN'S DREAMS

It's pretty common for a person to go to bed with a problem, and wake up the following morning with an answer to that problem. That is why it is always good to "SLEEP ON IT" before making a decision on an important situation in your life. Many great inventors and scientists discoveries appeared in their dreams. Professor Kekule found molecular structure of benzene in a dream. Otto Loewi (Nobel Prize) who discovered that nerous impulses are transmitted through chemical agents, dreamt about the crucial experiment that led him to prove his hypothesis. The inventor of the sewing machine solved many of his design problems in his sleep. The dream state allows the mind to freely create answers to all and any problems you may have, without being hampered by regular programming. With an "UNCHAINED" mind, all problems can be solved.

# D. FUNCTION OF DREAMS

We all dream daily, sometimes up to five dreams a night. Most of these dreams are forgotten, or that you did not dream at all. If you wish to remember your dreams you need to program yourself before going to sleep to remember them when you wake up. In general, we dream from a few seconds to half an hour, more or less. In dreams, ordinary time is altered, and so you have very long dreams in long a few seconds. The same happens in regard to space or distances. They are all shortened and we can go across them in seconds.

Dreaming is very important for human beings, birds and mammals. If a human being wasn't allowed to dream, or if he was awakened every time he started to dream, he would begin to suffer hallucination during his waking hours, and have thoughts of an oneiric type. When you are dreaming you have very fast eye lid movement. This is called Rapid Eye Movement (R.E.M.) reflex, that's why it is not hard to tell when a person is dreaming.

Dreams originate in the right brain hemisphere, and through this the information flows to the left hemisphere. The result of all this dreaming is, the re-establishment of psychic health and harmony. The right hemisphere sends information to the left in the best possible

way, representing its own opinions or advice on important aspects of a person's existence. It gives consciousness a new, unexpected or overlooked vision of things. The right hemisphere is the source of the person's instinctive drives, these being as old as the person, and generally well meant and oriented to his expansion, power, and survival. It is interesting to know that, man's self-destructive nature, and negative attitudes, don't come with man's original nature, but are acquired after being born. If instinctive drives give us their daily message while sleeping, it is necessary to pay attention to them. Such drives represent a valuable adviser and guide, an "INNER" friend of our conscious mind we must take into account. This is the purpose of dreams, to complement our conscious attitudes.

Dreams inform us about our physical and psychic states at that time. Note the dreams you get after eating or drinking too much. Note how different they are from normal dreams. You can also note how different dreams are when you are ill, frightened etc. That is why it's commond to have dreams rich in content, and even strange at times. When we start our programming practices, it is important to note every little event in your dreams no matter how strange. That is because our dreams will more than ever being telling us of what is to come.

Dreams give us messages about our daily life, mistakes we've made, what we must do in each case, dangers to avoid, etc. You may go to bed quite happy with a decision we have made, only to dream of disaster and wake up upset!! You may dream that your hands are dirty when you are mixed up in dirty affairs, and we do not know it. Dreams give you insights of reality that we have not perceived yet. They can be an amazing tool, to the properly trained person.

Sometimes, dreams are prospective or premonitory, as when we dream that something will happen and then it occurs. We may dream that somebody will visit it us that day, or that we are going to meet somebody in the street, or that our deal will fail for a decision we took the day before, or that our relationship with somebody will not work out etc. These types of dreams can of of VERY GREAT HELP!! You need to recall them in detail to use them. Many times I would see myself in dream situations that made no sense to me at the time, but latter I would recall seeing the exact scene in my dreams MONTHS before.

The problem with this type of dream is that, it is hard to understand or know what it is about. That is why you must write down in DETAIL every dream you have, no matter how odd, or out of place they are. It could be a future situation you are dreaming about. If you know about the future situation, it could of great help to you, or save you a great deal of pain, or loss of money.

There are also extrasensory dreams that are confirmed later on, for example, having a dream about a friend who is having a hard time, a friend we have not seen for a long time. There are also telepathic dreams, mentally induced in us by another person. Dreams may also be of a traumatic nature, produced by our negative programming, but if we are programmings ourselves nightly, we can stop this. The message from traumatic dreams is, "BE CAREFUL" in what you are doing, remember that problem, that accident, for future etc.

There are dreams that appear when we are influencing somebody while we are asleep. This is part of our parapsychological work on influencing others with dreams. Sometimes, when we selfprogram ourselves to influence somebody while sleeping, oneiric images appear, hiding the reality of that moment, to prevent us from feeling fears or anguish. In a similar way, if a tremendous noise takes place while we are sleeping, immediately we start to dream about a thunder storm, this is a protection the brain does to keep us in the sleep state.

### E. ANALYSIS AND INTERPRETATION

Dreams only have meaning for the dreamer, and only he can analize them correctly. There are a lot of dreamcharts, and books that give you meaning for certain symbols that appear in your dreams. Some of these books even differ in meaning of the symbols! These books are generally useless. The symbols we dream about have totally different meanings for each person that dreams them. Each dream refers to the individual situation of the dreamer, in that particular moment of his life.

We must analyze dreams in a classic way, as the ancients did and the savage tribes still do today. Dreams are direct messages transmitted in the best possible way that the brain can to your conscious mind. It is best to analyze your dreams immediately after waking up, those it may be done later if you have too. You do need to write down what your dream was though. Be very careful to write every detail, no matter how small or unimportant it may seem at the time. You start by observing which aspect of our present activity the dream refers to, and if the message is positive or negative. Most of our dreams inform us about events and circumstances that have been overlooked in the present situation of our life; then, the

first step is to find out what they may refer to. In the rare case that you find nothing that relates to present situations, record and keep this record for future use. It may have great meaning in the future. You also need to search for other kind of information it may be trying to tell you. IT could be information added to another dream you had, or some other symbolism you need to think about. If it is a very strange dream, give it time to "SINK IN", than go back and think about its meaning later. Some times, it takes time to fully understand our dreams. Dreams will never give you "NORMAL" straight forward answers, they will always be masked in some kind of story or situation. Many times your mind tries to block these messages with strange visions and images in your dreams. You may to screen out the really strange stuff, and to the "meat" of the dream.

Through practice, you can acquire a great ability to understand your dreams, and doing so will get a great deal of insight into yourself and your life. You can learn a great deal from your dreams. It is foolish not to learn how to tap this amazing sources of information to help and enrich our life. It only takes a few minutes to daily to tap this great FREE source of valuable information.

CHAPTER FOUR

PSYCHIC SEXUAL COMMAND OR PARAPSYCHOLOGICAL SEXUAL AROUSAL

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WHAT IT IS.

Psychic Sexual Command is the term used to describe the phenomenon of parapsychological sexual arousal of persons, in their presence or not, at the moment, and without the slightest chance of failure. As far as I know, there is no other books on this subject. I have been able to repeat this technique over and over again with great success.

The possibility of sexually arousing somebody, without the person being able to avoid it, to control their behavior and attract them to us, at a distance and without failure, represents the achievement of the oldest and most deeply rooted fantasy of man.

Since our early years years and due to our natural and extense inferiority, all sexual desires and affections were driven to the parent of the opposite sex, receiving rejection and frustration as response in most cases. besides, our other parent may have become almost everytime an overwhelming hindrance between us and the object of our desire. This universal stage of life was defined by Freud as the Oedipus Complex. Doomed since those lonely and defeated moments, fantasy became our escape. Unable to act freely, we fantasized about achieving our goal along with illusions of possession, only psychically attained. We wished we had supernatural or superhuman powers to obtain our goal, but being impossible, we grew programmed to believe that loss and renouncement were commonplace.

This was wrong programming, because from now on, you will know Psychic Sexual Command techniques enabling you to arouse and draw another person to you, without any suspicion or possibility of preventing from doing so. We can now reach our oldest desire: to possess the most beauitful, desired and apparently unattainable or forbidden being, as we experienced in early childhood.

If the use of Psychic Sexual Command becomes extensive, it will provoke huge changes in the present and future behavior of mankind. Sexual impulses will mobilize new patterns of behavior, producing the extinction of previous culture imposed blockages. Intercourse and the numbers and quality of orgasms in each individual will increase, improving healthier ways of living and creativity. There will also be an increase of love feelings, logic and generally related to sexually, because we always tend to love and be grateful

to those that give us satisfaction and happiness.

Hundreds of years ago, cultural sex repression was imposed to pull us out of animal indifferentiation. No other achievement can be compared to this, not even the mastering of fire, that derives from this: the mastering of sexual fire. But at present, such instinctive castration is no longer needed. By contrary, what once forced us as a species literally could now destroy us if we continue obeying those old programs out of habit. In this historic stage, we have acquired enough maturity to enjoy our sexuality without fear of social or personal disgregation. Hatred, war, illness, perversion, misunderstanding and frustration in general, are consequence of brutal sex repression, disappear both individually and socially after the free psychophysical manifestation of the sexual drive.

### HOW IT WORKS

Psychic Sexual Command is a kind of parapsychological sexual domination. Applying it, you instantly penetrate the sexual intimacy of a person. Using my technique there is no way to avoid it. Used correctly it is like a bullet from a gun, there is no getting out of its way. There are some defense measures, but they only lessen the effects of the attack.

The person that feel this technique, feel as if a person is caressing them all over, a rousing them to great passion. It is useless to try and fight these feelings. The feeling come from deep inside you, driving you to passion. Once you learn this amazing technique you will NEVER stop using it! It is so fast, easy and not tiring, and just plain fun to use. Its wonderful to watch the reactions it produces. By using it for only several minutes, you will get effects that last several hours. If you use the technique for any period of time, sexual excitement and desire would become absolutely irresistible. The person being influenced will have a strong desire and attraction toward the operator, even without knowing who that person is.

Psychic Sexual command always awakens sexual feeling for the person doing the technique, whether this conscious or unconsciously. This why you can have other people do this for you. They may be

draw to you by having a person do this for you, but later the being influenced will wander to others seeking the person that did the influencing. This of course, will create great problems. This happens with most magick or psychic rituals involving love or sex. That is why you should never hire a person to perform these types of operations for you. Basically, there is no need for this anyway, it is easy to do, with a little time and practice.

You can tell if the technique is working right away. By working with people that right in front you. Even in a crowd the person will be drawn to you. The effects of this technique is long lasting. Though the climax of arousal may last only a few hours, the images you have projected to that person last for a great deal of time, and may even last FOREVER stored in the mind. When you use this method several times on a person, a condition reflex appears in the person and the only difference with an ordinary conditioning is that this kind is a psychic stimuli. Sometimes I have noticed persons influenced with this technique several years ago, react the same as they did then, when it was used on them today. They have remained programmed. If I programmed the person again, and increased the time involved in programming, the conditioning could last forever. That is how powerful this method is.

Before Psychic Sexual Command came into use, there was no other way of inducing such instant shocks on a person psychically. Shocks that show such immediate and visible reactions were unknown until now. This is a rare method that proves your power of influence at once. Do more waiting for a ritual to finish, or find out how the stars are positioned, now you can tell right away!

It is possible to notice a wide range of symptoms and reactions in those persons being influenced. Because the person being effected will feel pleasant caresses in their genital area, many reactions will take place including: Heat, sexual desies, erections, sexual wetness and a general horny feeling all over. Some outwards reactions could be: arranging their clothing in the effected area, touching the area, puzzled or worried looks, scratching their body in many different areas. It is also common to see people combing or caressing their hair. Many times the person will search the room with their eyes seeking the person to direct their excitement to. In a few rare instances, there will be little outward feactions, this could be

good or bad. sometimes, the person is so shocked that they freeze. Other times they may start laughing, eating or smoke a cigarette. It is a good idea to watch how the legs move. Generally the more movement the better. The more sexually liberated the person is, the more movements you will get from them. If they move little, they are probably very sexually repressed, and probably very bad in bed. At this time, you may want to move onto another person. If the person is really sexually repressed, they may immediately leave the area! The excitement will be just too much for them to handle.

# 3. HOW TO DO IT.

#### A. MASTER KEY.

You need to practice the exercises in Chapter One and Two for at least two weeks before trying the Psychic Sexual Command technique on a person. The more practice the better. Nothing in life worth having comes easy, and so it is true with this technique.

To be able to influence a person by using Psychic Sexual Command we must use a Master Key that has been overlooked up to now. The author was one of the first to find this amazing technique. The KEY is summed up in two words: TACTILE SENSATIONS. You MUST mentally touch the chosen person, drawing your hand imaginarily to them, or the part of the body you wish you could caress. This can be any part of the body you wish. You need not visualize this, it is enough if we experiment with the feeling of touch. Try to make the feeling as real as possible, as if you ACTUALLY DID IT! Remembering in detail everything that you felt. This includes: Caresses, kisses, warmth of the skin, its texture, the pressure of the hands, etc. To provoke immediate arousal you need to use the psychic touch, at whatever the distance that person may be. When you use this technique, you will notice that your consciousness changes to a alpha state. You can do this technique with either your eyes closed or opened.

With Psychic Sexual Command we produce instant physical sensations on the influenced person, and then in a few seconds, appears the perception or realization of what is physically happening to the person. These techniques are much more powerful than the reactions you notice from practicing the techniques in chapter two.

You will later learn, besides mentally acting with maximum realism, both our freedom and our imagination will play an important role, either in the way of touching or in the physical area that has been chosen.

### B. WHEN THE PERSON IS PRESENT

It is best to start with unknown people within our sight. This could at any place, a bar, bus, supermarket etc. This will make it easy to verify reactions and appreciate our own capacity. You start by psychically touching the person, as if we were actually doing it! This is done no matter the distance. You will mentally behave as if you were touching and caressing the area you were looking at, or where we imagine to look, and feeling as realistic as possible those caresses that we voluptuously give to the intended person to arouse them, and you will behave as if they have no clothes on. Mentally caressing their body, especially their genitals and they will be immediately sexually aroused. You can practice this technique either looking at the person or not. It can be done with eyes closed or open. Its hard to close your eyes in a social situation, as it is to stare at the person. That is why it is best to keep your eyes open and not stare at the person. Staring could cause blockages to be overcome, you do not want that. You may want to look at the person for a few seconds and then look away, this is normal in social situations and will not cause any blockages to form.

A good way to keep eye contact with the person is to do this technique while talking to the person. As the person talks with you, you can do the technique. of course, this will take practice, but think of the rewards!!

### C. WHEN THE PERSON IS ABSENT

Remember, distance is not important at all. The only difference with doing this technique then the one already given is, that we can not get immediate reactions or feedback from the person. You will have to wait to see that person. One person I know does the technique over the phone. That way they can try to tell if the

person get aroused by their voice and the subject matter they discuss. Note the breathing of the person, does it increase or change? This is one great way to tell over the phone. If you are talking normally and the conversation suddenly changes to another subject, the effects are taking place.

# D. PSYCHIC SEXUAL COMMAND COMBINED WITH THOSE TECHNIQUES

You can use the techniques in Chapter two, that require relaxation and closed eyes, with the Psychic Sexual command techniques to excite a person that is absent. You move to that "SPECIAL PLACE" next to the person to be influenced and there, besides visualizing, you will add our vivid tactile sensations of caressing or being caressed, as you wish. In this case, touch comes first, then visualization and then the "Special Place".

As Psychic Sexual Command is characterized by touch, it may be done with appropriate visualizations in other moments. The visualization cause the psychic integration of the person's unexpected sexual excitement to the operator. Before or after the use of Psychic Sexual Command and usually in the absence of the person, these visualizations soften the impact on the person's psyche.

You will use chapter 3 in the same way as two. You will move to the "special Place" where you will visualize and excite the person by touch, as monotonously as possible to allow us to enter theta with our touch. This is much stronger technique. You also need to selfprogram yourself to Psychic Sexual Command while you are asleep. If in Alpha state, the person being influenced will feel warmth and itching in the affected area, followed by sexual excitement associated with the operator. In the theta state, the person will feel a hand caressing them directly, as if someone was actually touching them at that very moment. That is how real it will feel.

- 4. GENERAL INSTRUCTIONS.
- A. Avoiding Habits from Physical Reality.

If you look around you will see all kinds of so-called physical

objects. All these things are really illusions. All things are made up of energy, this energy shows itself in many forms. One of these forms is matter. Matter may become energy and energy may become matter. All matter is, is compressed energy. Our traditional way of thinking must be changed. Old conceptions of matter, space and time are just illusions with the new discoveries in pyhsics. Matter is just data provided by our senses enabling us to move in our daily world and nothing else.

To effectively use Psychic Sexual Command, we must forget traditional concepts of matter, space and time, pretending they are non-existent. Resent research has proven that the mind can affect material objects. You must learn to throw away old programming for new programming that makes the mind grow, instead of forcing it to stay trapped in so-call traditional thinking. This traditional thinking has nothing to improve mankind. It has kept us down, while free thinking has changed our world for the better.

By using traditional thinking we inhibit "TRUE REALITY", by reducing it unreal. Matter exists only because we believe it exists. By doing this we give limits and solidness to matter, this inhibits our mental capacity of penetrating and mastering matter. To get the best results from Psychic Sexual Command it is necessary to discard from your mind the idea of solidness and distance of bodies as unsurmountable barriers to our conquest. If you get success with my technique, the person influenced will act as if they were bound to be our true love, not knowing that you mentally attracted them.

With our minds, we can pass our hand through walls or another object, as if made of smoke or as if it did not exist, or simply caress a person, at whatever distance we choose. What is fascinating is, that when we effect a person with my technique, they will feel physical results from it. It will not stay on thepsychic plane but, cause warmth in the effected area, this is because of psychic energy present in that area produces physical actions. This is because matter and distance do not exist, although most of us believe it does.

With Psychic Sexual Command we can say that we impose reality on the existing reality, and we enter the sub-atomic levels of bodies at will, by means of psychic touch, in search of attaining our goal. By using the technique you do not take into account if the person is present or not, no matter how far that person is away from you. You just act as if that person was right next to you. You also do not pay attention to the persons position either, if you can see the person. You see the person as you wish to see that person. No matter if they are walking, talking etc. You see that person as you choose to see them. You always act as if you are in total control, and that the person is within your reach.

If we remember that matter is illusory, we then eliminate clothes at will so as to feel them naked, in spite of what clothing you may see. You can eliminate cars, walls or other obstacles if they separate you momentarily from the person you want. Besides disregarding matter to act psychically with our touch, you can invent it, or produce an imaginary void, and mentally caress that person in it. Psychically interpenetration produces warmth in the matter, and arousal in the sexual areas of the body.

In all these cases you should feel that the person is well predisposed for our purposes, both physically and psychically.

B. Avoiding Tricky Ethical Conceptions.

For those of you that think that Psychic Sexual Command may imply dominating someone else's freedom, we'll state the following considerations on this subject.

The animal kingdom uses all kinds of tricks to attract the male. This involves scents, colors, and some of these tricks are psychic in form. "ALL IS FAIR IN WAR AND LOVE", as is said. This is very true. Everyone uses their what they have to influence others. That can be, money, fancy clothing, cars, boats, and any number of other items to impress others. This is more then impressing when you want somethings from a person, it is CONTROL. Psychic Sexual Command is just and weapon in the battles of the sexes. In todays conflicated world, we need this technique more than ever to succeed with others.

We have also already stated that people really do not free will anyway. I wish things were that easy, they are not. Psychological programming and outer stimuli condition our actions much more than what we imagine. Psychic Sexual Command is just another stimuli we can use on others. A stimuli more inherent to our deep nature because it belongs to a psychic realm. With this in mind, you should not have guilt feelings in using it.

# C. WHEN TO USE IT.

Besides the Master Key technique, there are two other techniques that you can use. They are IMAGINATION and PERSEVERANCE. To succeed with Psychic Sexual Command you must be creative when using it. Let your imagination run wild!! Try anything that comes to your mind. The more you experiment the more success will come to you. You must practice and experiment daily to improve and get better results. There is a GREAT danger of abandoning your practice under the influence of negative programming that turns us into unwilling operators. If you practice, it will only be a matter of time until you are successful with this technique. You must carefully note the reactions of others, this is what will confirm that you are on the right track. This is greatly needed your brain to keep you functioning on the correct path. A lot of you will find the results hard to believe. This is because we are use to using our psychic powers. In theta state we tend to forget what was achieved in alpha, or theta state ( an antagonism represented by the rational and irrational characteristics of our brain hemispheres), but if those aims are constant and reinforced by testing the observable reactions, then we can no longer deny this power.

We can use it on all the people we want, as often as we want. Any place any situation will do: in a bur, train, at the gym, while driving, walking, shopping at the mall, and other other place of your choosing. Some have even used it for fun on live T.V. programs or at stage shows! You can experiment with it in countless situations and in all cases, those actions we produce will serve us to develop our technique and convince us if its reality.

#### D. MODALITIES AND VARIATIONS.

Whether the person is near or not, within or out of our sight, we can add other modalities to the practice of Psychic Sexual Command. As we have seen, we can move to the "special Place" with the person and visualize them there with you while using Psychic Sexual Command. All this can be done with the eyes open. This is probably the first time you have heard this. Most think you can not do it with the eyes open, this is untrue. All it takes is a little practice. Whether we mentally move to the "Special Place"

or simply visualize the person or a part of the person while we are doing the technique, or even if the person is present or not, or if we keep our eyes open, our psychic reality will supersede the material reality around us and thus will lose importance.

By invading psychically somebody else's intimacy, we may mentally undress the person or the sexual area we are going to touch. Our touch may be a caress, a pushing, exploring, embracing, kisses etc. Less sexual excitement but more noticeable reactions may be seen by touching the person's face or introducing fingers or imaginary objects in the mouth of the person. Each person should try what they think is best.

# E. HOW TO INCREASE THE POWER OF PSYCHIC SEXUAL COMMAND.

As we have mentioned, anyone can do my techniques. Though hard at first, for lack of practice or mental blockages on your part, practice will make it easier each time, until it comes automatically. It is like riding a bike, once learned you will be able to easily tap into the power anytime you like. You never lose psychic power once you get it.

The use of this technique is very efficient once you learn how to do it.Being a quick technique and having instant recordable effects, you can produce feedback at once about our influencing effects on a person at any given moment. These effects let us know how we are doing and lets us try other things to improve our success at that given moment. That is why it is easy to practice any time you wish. You can also use self-programming to increase your efficiency, too. All you need to do is program yourself to acquire more capacity through this technique.

You can also improve your state of mind for practice by drinking some alcohol or listening to rythmic music. This helps set the mood for your brain. Of course, too much alcohol does more harm then good.

### F. HOW TO ACT IN CASE OF RESISTANCE.

For many reasons you will come across resistance in a person. If this happens you need to try a different approach to the situation.

1. Allow time for the psychic implant to work their effects.

It can take time manifest in a person and change their attitudes.

- 2. Stop for a few days and renew it with more energy afterwards.
- 3. Stop the tactile sexual influence and replace it with visualizing love, friendship and joy. After doing this, than add sex back into the program.
- 4. Some persons may feel invaded when they passively suffer Psychic Sexual Command. To avoid this, give them an active role in the practice of it.
- 5. Keep working on the person for as long as it takes to over-come their resistance. Increase the influencing in a parallel way to the increase in resistance. Even if the person appears to be prone to accidents or illness at the peak of negativity. This is very normal in a resistance case. The person must understand by means of unconscious perception of the uselessness of their efforts to avoid your commands.

### G. SELFDEFENSE

If someone is using psychic Sexual Command on you, you can weaken the commands in two ways.

- 1. Self-programming yourself before being influenced to repel with energy and at once, any mental invasion of our psychic and physical intimacy.
- 2. If you suppose that this influence has already reached you, you must self-program yourself so that its effects disappear.

### H. ITS APPLICATION AND ASSOCIATED PHENOMENA.

1. Production of conditioned reflexes.

Psychic Sexual Command is a VERY STRONG technique that used rationally and scientifically, we can obtain important and hardly reversible modifications of behavior in the person we are influencing.

In the first place, we can use Psychic Sexual Commands to punish a response from a person at any given moment. Meaning: that anytime a person acts badly you can arouse that person and cause them to refocus their attention on you. Bydoing this you can slowly reprogram the behavior of the person and stop negative actions.

In the second place, It is best not to use maximum capacity

in the presence of the person being influenced. This could cause the person to connect your presence to arousal. If this happens the person may stay away from you. If this happens you need to double your tactile invasion in her absence.

In the third place, as the provoke sexual behavior becomes a reality, other behaviors may start to disappear. Through this technique, undesirable behaviors such as frigidity and impotence can be extinguished.

### H-2. EXCITING OTHER PERSONS UNINTENTIONALLY .

On a few occasions, when using Psychic Sexual Command on a person surrounded by others and within your reach, you will notice that others beside your target may be influenced by your commands. This happens and should not worry you, try to better focus on the person you want and block out all others.

### H-3. THE OPERATOR'S OWN EXCITEMENT.

Another typical phenomenon is the sexual excitement of the operator while he is influencing. This is very normal. If it bothers you, you can solve this by verbal programming of yourself.

CHAPTER SIX

THE DYNAMIC CIRCUIT OF PSYCHIC IRRADIATION

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  - B. GENERIC PATTERNS
  - C. RADIONICS CONNECTION AND RADIESTHESIA
- 2. OBJECTIONS TO THE RADIONIC THEORY
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- B. HOW TO MAKE ONE
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  - 6. GENERAL INFORMATION FOR FURTHER RESEARCH

### BASIC PRINCIPLES OF RADIONICS

### A. SCHEME OF RELATIONSHIPS

This concerns an electric or pseudoelectronic circuit through which it is possible to produce psychically the union of two elements at a distance, whether it be a sick person and the medicine to cure him, crop infesting insects and the insecticide to exterminate them, a person and a determined command or program, etc.

Strange circuits enclosed in a box with several dials and antennas in some cases, make up what are called "Radionic Black Boxes". These circuits can be either static or dynamic depending on whether they have movement or not. There has been many types of these boxes made by several different inventors over the years. The famous of the inventors are: Abrams, Hieronymus, Boyd, Upton, Atkinson, Dela Warr and Bhattacharya.

One if the most fascinating things about these devices in that, you need not own the device itself to use the power of it. All you need is drawing of of its internal circuit, and one can obtain the same results as having the device. Some even operate these devices simply by mental visualization. It is a totally explainable power force coming from some kind of "Shape Vibrational" energy force.

### B. GENERIC PATTERN

According to the theorists on radionics, the samples (skin, hair, photographic negatives, etc.) that represent the real entities of whom there were taken and placed in a determined sector of the device, keep resonance with the persons themselves however distant they may be, vibrating with their same frequency. They believe that each sample establishes a "generic pattern" of the being or object that it represents, and that everything that we do to that sample will effect upon the person or object.

According to the researchers, the elements that present a greater resonance are blood, saliva, hair, finger nails, skin and black and white potographic negatives. It seems that color photographic negatives, slides, written names etc., are less effective. All of these objects relate to a cosmic ray that preserves the resonance with

the object that is designated or represented.

### C. RADIONIC CONNECTION AND RADIESTHESIA

Radiesthesia is the capacity or sensibility to obtain a determined piece of information (hidden objects, subterranean water, oil, illness diagnosis etc.) through the unconscious and involuntary movements of the muscles that are transmitted to the pendulum you are using for this purpose. The theory is that the mind unconsciously knows the correct information, and then makes it known through this device.

The process of predicting is used in radionics to diagnose sickness, find out the time duration of treatment or the daily lapse of the device operation, the correct position of its dials in each case, what samples are most appropriate, etc. All of these operations favor the "radionic connection". This term is used to designate the phenomenon of the union, at distance, of the two entities, whose sample are in the device.

Those who use Radionic believe that every object or substance possess special emanations, variable from one to another, that can be perceived through Radiesthesia.

### 2. OBJECTIONS TO THE RADIONIC THEORY

A. It is interesting to note, that most research has NOT found any kind of resonance, vibrating frequencies or mysterious emanations in the objects or substances investigated, that would establish a physical environment making possible the influence, at a distance, on an object starting from its sample. Neither has it been shown that a certain kind of sample is better than another.

B. Radiesthesia is neither an exact nor infallible method for obtaining information and least of all, with the majority of people. Pendulums can be very effective if you have the right "TECHNIQUE" with them. While they are easy to use, it is also easy to cause false readings because of operator errors.

### C. MANDALAS AND YANTRAS

Mandalas and Yantras help in the process of meditation, but also they can serve for other purposes. One of the well known Mandalas is the Swastika. Used in its reverse form, it brings out the negative aspects of human beings. Yantras come from the Tibetian tradition and represent a determined thing for which it was constructed.

### D. RITUAL MAGICK

There is many kinds of occult magick traditions, from basic Witchcraft to so-called High Magick. all of these traditions use some of the techniques I have stated, in one form or another. All kinds of magick uses alot of visualization and psychic energy to achieve there goals. These systems have been proven to be very effective if used correctly by a dedicated practitioner.

### 5. THE DYNAMIC CIRCUIT OF PSYCHIC IRRADIATION

### A. ANTECEDENTS

It has been named this because it possesses movement. It mobilizes the operator's mind towards a determined and concrete psychic action.

The following device can be made by anyone with inexpensive items available any where. You can use this for many things including: Healing (not to replace help from a doctor), killing insects, to cause a person to fall in love with you, attract clients, attack enemies, and induce any thought or conduct you wish upon a person. You can now have device that can truly program others, and yourself, in anyway you choose. SCARY STUFF!! This device is very difficult to power mentally, that is why you must construct one.

### B. HOW TO MAKE IT

You first need a fan with the central area being circular and the meeting point of the blades should be flat and not conical or sticking out as in some caes. Size is not important. (Part 1, Fig. 1) This is the movable or revolving part of the fan and it should be flat, because it is here that the circular piece of paper with written commands or program will be stuck (see fig 2,3,4.). The surface marked two no.2 in fig. 1, will make up the stationary part of the circuit, and it is here that we place the sample or representations of the person to be influenced, (photographs, photographic negatives, names written in plain ink) with adhesive tape or some other adhesive material to this surface. Both items, 1 and 2 remain as such, FACING each other in the interior space of the fan and separated by a few inches, or what ever

I LOVE N. N.
MADLY, I WANT TO
BE WITH HIM/HER,
I CAN'T WAIT, I AM
GOING TO TELL HIM
URGENTLY.

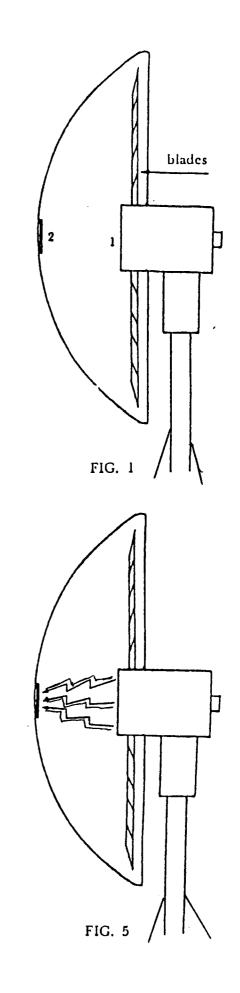
FIG. 2

I WANT TO
ACCOMPLISH
MY BUSINESS WITH
TOTAL SUCCESS,
URGENTLY.

FIG. 3

OUR WEAKNESSES AND DESEASES ARE HEALED FOREVER.

FIG. 4



the distance is in the casing of the fan. On the paper circles that are to be stuck to the circular center of the blades we handwrite in RED INK (red is a color of power and passion. You could use green for money commands etc.) the commands or programs that are desired to penetrate into the minds of the person or persons whose samples are found on the surface marked 2. These circuits can be used to heal, as well as for making people fall in love with you, or to make business deal be successful. You can place any command you wish on these disks, but remember that you do not want to use direct commands. Like "you will do this or that". You want to use a self-programming command so the person says to themselves, "I am going to that". This lets the command comes directly from the person without causing mental blockages or resist. The more natural it seems, the easier it will become part of the person you are programming. The sample disks in fig. 2,3 and 4 are examples of effective command disks I have used with success.

Once you have the program fixed to part 1 and the sample or samples to be influenced fixed to part 2, you are then ready to to use the circuit.

### C. HOW IT WORKS

Turn the fan on. Now part 1 begins to rotate rapidly with the program. When rotating, the written command is SYMBOLICALLY thrown forwards a few inches meeting with the samples that are to be influenced. By doing this, the penetration of the desired program into the mind of the person or persons we wish to influence is being done.

Although no special emanations or beams have been found leaving the programmed disks while in motion, a strong unknown power is causing reactions in the sample, which effects the person the sample represents. The operator's unconscious mind is also at work here in the written program disk. The unconscious minds energy is transmitting its power too. This will continue until the fan is shut off. (See fig.5)

With this system we can influence not only one, but a number of people without any further effort. Sometimes, when the device is charged with a lot of people, we may experience a slight dizziness. This is normal, it is just your mind occupying itself, unconsciously and psychically.

You can use several devices with different programs to influence the same person or several people with different programs. Many people use three devices on themselves. One for healing, one for love, and one for financial programs. This covers all bases, and is the best way to operate. All the devices work well at the same time without any problems at all.

You need to keep the devices on for several hours a day. The average times are usually 8, 12 and 20. It can be on during the day and night, varying the periods daily, eliminating any possible conditioning or defenses from the person to be influenced. You need to keep doing this until you see noticeable change in the person you are influencing.

You need to understand, that when the device is connected, our minds begins to function. The still, static circuit neither represents anything nor can it psychically impel us. The blades do not carry out any psychic function in the circuit. Their only use is to cool the motor and thus prevent over heating during the lapse of time in which the fan is on.

There is several ways of increasing the power of this procedure. You can add, while the devices are on the techniques shown in chapters 2 and 3. It will a lot more power and success to your work. You of course, can also add visualizing to the procedure too. This is done by connecting the circuit so it functions all night long before going to sleep. You can also use the techniques in the up coming chapter too. In the Tantric states, (as you will learn) it is extremely easy to operate indirectly through solid or physical media (circuits, photographs etc.) Even though these will be a great help, and make happen what you want faster, it is not necessary for success. The circuit itself will do the job in time.

### GENERAL INFORMATION AND FURTHER RESEARCH

There are several excellent books that the Society publishes on PSI devices like the above mentioned. They are much more powerful and have being greater researched. We highly recommend that you purchase these books to further your power and understanding on the subject of PSI devices. The best are from Charles Cosimano:
Psychic Power, Psychic Combat, PSI Gadget Handbook and a total
course on PSI and magick. Write to the Society for further details
on these book etc. The Society also offers several PSI devices for
purchase, again contact Society for more information.

Other books on the subject that would be helpful are:

"Magic, Science of the Future", by Joseph Goodavage
"Telepathy" by A.K. Bhattacharya
"The Magic of Psychotronic Power" by Robert Stone

If you have trouble finding any of these books, contact the Society we have have them available for your use or purchase.

# CHAPTER SIX

TANTRA YOGA-- THE SEXUAL PATH TO POWER AND CONSCIOUSNESS

### CONTENTS

- 1. DIALECTIC STRUCTURE OF THE EVOLUTION
- 2. TANTRA YOGA--POWER AND EVOLUTION THROUGH SEX
- 3. FIRST STAGE: THESIS. THE MAITHUNA. DESCENT TO HELL. EXTREME TENSION.
- 4. SECOND STAGE: ANTITHESIS. THE PURIFYING DELUGE. EXTREME RELAXATION.
- 5. THIRD STAGE: SYNTHESIS. THE UNITY OF THE OPPOSITE POLES. THE HAVEN.
- 6. MORE GENERAL INFORMATION.

# 1. DIALECTRIC STRUCTURE OF THE EVOLUTION

There is no possible development in the universe without the clashing between opponents. What holds no opposition will not evolve and thus, will die. This kind of progress between contradictions and fights are responsible for whatever exists, allowing a spiral growth of everything, in which nothing is ever repeated.

Not only the history of mankind evolve this way through struggle, but also the individual evolves this way. We are what we are, both for good and favorable experiences we have had and for the negative ones. Sometimes, accidents and hardships help us to evolve. "Suffering, consciously experienced, produces wisdom", said Theodor Reik. Without darkness, we would not be able to see the light.

An individual consciousness may evolve and fulfill itself and this is what each man pursues deep down, sometimes he tries ignoring it, but never escaping it. This process might happen in leaps, as anything that grows and spreads. It also happens that great qualitative transformations or dialectic leaps, as they are called, are result of monotonous and quantitative changes. To the steady addition of stones in a river, follows the formation of a dam and the stoppage of the water. To the repeated alchemical boiling and reboiling, follows the Great Work.

C.G. Jung conceived the psychological process of human individuation as the result of internal fights and gradual integrating improvements of pairs of opponents.

## 2. TANTRA YOGA: POWER AND EVOLUTION THROUGH SEX

Yoga means union, linking, to bind with the divinity again, with our true being. Tantra means web, loomed, woven, because of the amount of books and modalities existing about it perhaps, and as they are so entangled, they are very confusing.

This Yoga uses sexual energy as the agent to produce a irreversible: evolution of the consciousness. Tantra Yoga is the father of all yogas practiced today. They all have aspects of Tantra in them, to one degree or another.

This Yoga must be practiced by a couple. It uses intercourse in different postures to achieve its aim. A person alone, can not evolve, he needs his counterpart. Both partners will benefit, or only one, if other does not choose to. By practicing this form of sex, you will produce HUGE changes in your consciousness, if it is done correctly.

Tantra Yoga aims at provoking psychic and physiological changes of an irreversible kind. It will bring you self-knowledge, freedom, and happiness, reaching enormous psychic powers, attain evolution of consciousness, break the chains of reincarnation, and prolong life!! Many of the behavioral techniques to overcome frigidity and impotence were inspired by this Yoga. You may use this Yoga to achieve all the mentioned goals, and still return to normal life.

There are three schools of Tantra Yoga. They are known as the White, Black and Gray. These three schools represent the three stages of the dialectric evolution. Each school dislikes the other calling each other fools, leading the followers to a negative path. White Tantra is the right handed-Black Tantra is left handed path-Gray Tantra is a combination of both paths. These paths refer to practices. As regards the gradual evolution that is taking place, there is also division in three stages, each with a different color that symbolizes it: Black, White and Red, in that order. It is Black when we begin the process, white when we have achieved a remarkable degree of purification through these practices and finally red, when we have attained the total unification of our being. These three colors are usually found in religious banners and clothing.

Each school tries to convert the students from the other. It is bad to stay in any one school for a period of time. It will eventually cause your evolution to stop, if you stay with only one school. It is also a very hard path to change from one school to the other. You must be very wise to do this. It is a serious mistake not to change schools, it could even lead to death. It may mean both the arrest of the psychic evolution and the possibility of physical annihilation. We have already seen that no evolution means death, and furthermore, some of the practices are dangerous

if performed for too long.

We have said that with only one aspect of Tantra Yoga we will achieve nothing and even that it can produce an opposite effect. We need to practice alternatively the first two schools during equal periods of time and persist in the use of both methods until we reach the final synthesis. Each time we return to the same level after being in the opposite end, we are different, we have advanced a bit. Our road resembles a spiral. Going from one end to the other, we come to know ourselves, we break inner conditioning and therefore external ones, we find what is authentic, what prevails, our true being, that diamond that can not be destroyed by the storms we willingly unchain.

Through this Yoga we live and exacerbate the opposite ends and the fight between them, to achieve the qualitative changes we desire. Tantric practices were always held in secret and it is said that numerous famous men practiced this form of Yoga. Some of these were: Buddha, MOses, Jesus, Mahoma, Plato, Crowly and many more!

There are several sects and groups that have practiced and still practice Tantrism. They are: Essenians (Jesus was one of them), Gnostics, Alchemists, Templars, Suffis, Buddhists and Yogis from Tibet, China and India: minstrels, Fidele d'Amore (Dante was one of them), among others. In the United States and Europe, it is practiced by such groups as the Golden Dawn, Thule, Astrum Argentum (Silver Star) and the Ordo Templi Orientis (O.T.O.).

3. FIRST STAGE: THESIS. THE MAITHUNA. DESCENT TO HELL. EXTREME TENSION...

Through Maithuna, we purposely exert physical and psychic tension to is most. This is done by practicing intercourse with our partner avoiding orgasm, that is, with drawing before it. You should practice this once a day for a certain period of time, taking care that our sexual energy remains within us. You need to practice Maithuna for sometime, until the desired psychophysiological changes take place. After that, never do this practice again.

Though it may be practiced alone, in sexual abstinence, it will be absolutely a must to have a partner at least for some periods of time in order to obtain better results. This is because secretions and emanations of both sexes while exchanged in the practice of Maithuna, are needed for the strong psychophysiological stimuli. Maithuna is not a simple abstinence, it is a total exacerbation. Some have even reported that their feels like it is going to explode from the energy they have generated. If you feel this way, you need to stop the practice and relax your body fully. Allowing the energies to even out through out your body.

To avoid orgasm you can do the following: Self-Program yourself as in chapter One, or follow the techniques in Chapters 2,4 and 5. You also need to avoid the following types of food: Meat, Hot spices, etc., must be avoided and you need to stay on vegetables. You should also avoid, onions, celery, pepper, alcohol, and nuts.

### A. PHYSICAL CHANGES

You will get the following changes from the practice of Maithuna. You will feel heaviness, muscular tensions and pain, headaches, and difficulty in sleeping. This is because of the tension you are creating. By practicing Maithuna, we are focusing our body to the opposite pole of relaxation, that is to create muscular tension. Your body will form all kinds of blockages in energy. This will cause the body to tense up in all areas. The entire body will start to poison itself. This entire process will stop as soon as you reverse the poles. If this practice is continued for sometime, it will cause great harm to the body. There is a lot of research about orgasmic repression and its subsequent poisoning of the body causing serious health problems. Something modern women in particular should think about in their seeking of financial success, at the cost of their personal life. They are destroying their physical body in the process.

### B. PSYCHOLOGICAL CHANGES

The blocked energies will try to come out any way it can. Positive and negative unconscious aspects full of sexual energy come to life, so as to say, and they assault consciousness. You will get nervous, get angry easily, and have thoughts about sexual perversions. You will be prone to accidents, make mistakes and make wrong decisions. You may also find yourself buying useless items. The inner enemies

start appearing in the outer world. You will become jealous, lack confidence, have strange feelings of hate. You come to know yourself better, but do not know how to use this information at this stage. By practicing Maithuna you charge your psyche but, do not know how to integrate it into our being, until you experience the techniques of the opposite pole, of total relaxation. When we are in Maithuna, we are in the middle of a storm. Examples of the degree of harm this practice can do on a long term basis are the individuals of Rasputin and Hitler. Both practiced Maithuna exclusively. Rasputin in the Khlistys sect and Hitler in the THULE group, with well known results.

All through history we have examples about the ravages due to sexual frustrations through the persecution and burning of witches and heretics, in the racist hatreds of this century and in every political repression or authoritarism in general.

### C. PSYCHIC CHANGES

When symbols and psychological aspects are enlived in Maithuna, all external symbols are enlivened, too. We become more efficient in the use psychic techniques operating with the support of symbols and psychic push, as seen in Chapter 5. These psychic techniques are greatly empowered by the energy you give in your body by practicing Maithuna. The psychic techniques in Chapters 1,2,3, and 4 tend to lose effectiveness by these practices. We can not influence or visualize easily as we are physically and psychically blocked. Maithuna will add greatly to your concentration powers. Clearly, sex is one of the major keys to psychic changes.

While in a state of Maithuna, you will not use the techniques in Chapters 1-4. You will increase the use of the techniques in Chapter 5, as they will be greatly increased by practicing Maithuna.

4. SECOND STAGE: ATITHESIS.THE PURIFYING DELUGE. EXTREME RELAXATION The opposite pole of Maithuna, is total psychophysical relaxation. Its origin is orgasm, the deluge that purifies and frecs the mind and the body that were imprisoned in the dry and fiery abyss of Maithuna.

In Tibet, orgasm is used to obtain magic powers and to influence others mentally, as is Maithuna. The only difference is the psychic way it is used. At the time of orgasm, you visualize your goal, taking advantage of the temporary consciousness alternation, a state in which the mind has a strong psychic influence.

Another common practice of Tibetan monks is the reabsorbing of ejaculated semen back into the urethra after having ejaculated in the vagina of his priestess, representing Shakti at that moment. The semen, fortified with vaginal secretions was reabsorbed and kept by the monk. This not only kept all of his energy still with him, but also added the power of a combined sexual mixture. It is also common among monks to orally ingest semen after depositing it in the priestess' vagina. Being mixed with her feminine secretions would give them magic power and a longer life.

In this stage, it is necessary to produce deep relaxation through daily multi-orgasms. You need to not only have orgasms, but quality orgasms to get the most from this technique. Quality orgasms are achieved by getting as sexually excited as possible. You need to to use fantasy and any other means necessary to achieve this.

You are also welcome at this stage, to eat meat and all the spicey foods you choose.

### A. PHYSICAL CHANGES:

Our body that was blocked by practicing Maithuna, begins to function again and rids the body of all the built up toxins and impurities. All body functions are restored to normal. As you do this practice, you will find the TRUE PSYCHOPHYSICAL RELAXATION comes from sexual release. Such systems of relaxation like Hatha Yoga, and so many others, that only stress physical relaxation without sex, are doomed to failure. Good orgasms keep stress and illness away, and they are a vaccine and a medicine against cancer. Even though a lot of people would rather die than change their sexual life.

### B. PSYCHOLOGICAL CHANGES ::

The psychic disturbances, charged with sexual energy, disappear quickly. The fire of sexual repression subdues and peace arrives. Your mind clears, and you are able to make good decisions. A general calmness takes over your entire body. The feelings of hatred and desires of sexual perversion will completely disappear. You will feel love and total well being. You will feel like working and creating.

### C. PSYCHIC CHANGES ::

The mind is now calm and without obstacles, it can now be used as a dagger for direct mental influence. You can now influence better through visualization and Psychic Sexual Command. You can reach Alpha and Theta states without problem. The psychic techniques using symbols and rituals lose their power and become slower, as our mind has no need for such symbols. In this stage, direct mental techniques as a priority.

The two states of total sexual relaxation are called "Liquid State" and "Gaseous State". The first occurs when the mind is free after multiple orgasms and the second, when one more orgasm is impossible.

# 5. THIRD STAGE: SYNTHESIS. THE UNITY OF THE OPPOSITE POLES. THE HEAVEN.

This is the stage where both states become one. Now that you now practiced the first two stages consecutively and successively for equal periods of time, you are now ready to go on to Stage Three. As you practice these stages the periods may vary from each other. They should be seven days at the beginning, then nine, twelve, fourteen or seventeen days, then you need to move to twentyfive, then thirty and so on. The most difficult of the stages to maintain is the Maithuna Stage. It is best to do it daily, but some may find doing Maithuna like this difficult. If you fail and have an involuntary orgasm in this stage, you need to start again, until reaching the fixed period. The second stage is much easier, and after practicing Maithuna, you will find it a great joy.

By going up and down, from one end to the other, from pole to the other, for a total period of variable time ( a year, two or more, you will notice many changes) you will reach UNITY.

In this stage you can eat any food you like. Meat and vegetables as you like.

### A. PHYSICAL CHANGES:

All illness will disappear, our body functions perfectly. You will feel your entire physical body improve and gain health you never had before. You will greatly increase your quality of life, and live longer.

### B. PSYCHOLOGICAL CHANGES:

You will now have a permanent feelings of happiness, total peace and lucidity, and an absence of conflicts, both internal and external.

By moving willingly from one end to the other, what remains is just the authentic part, the permanent one. You will become something personal and unique in the universe, our past and mechanical conditionings have been broken. We are absolutely free and our psychic powers are united. We have escaped to the influence of cosmic laws at play for all human beings, the repetitive cycles of our existence have been broken and God has disappeared. There is nothing but YOU. You will have passed beyond good and evil, which has lost importance. You will not have the slightest feeling of guilt, you have transcented everything, you are born, you have become independent of the universe.

### C. PSYCHIC CHANGES ::

Your mental powers have greatly increased. In the mental plane you will operate a thousand times more efficiency. You will operate with whatever techniques you wish. You now know what sexual state of consciousness you must provoke to get the needed results. You will be able to manifest anything you wish in life. You mind will open to the true laws of life. A law that will teach you much, and leave you open for much greater growth. All blockages will be removed for you achieving the necessary spiritual growth that man has lack for centuries. You are truly on the path to total peace and enjoy.

### MORE GENERAL INFORMATION

There are many excellent books on Tantra available on the market today. We have only touched the basics of the subject here. Volumes and volumes have been written on Tantra. For a greater insight, you should read those books. A short list of them will follow. The Society a fine book on Sexual Sorcery, write to us for more information on that book.

The society also offer audio tapes that help you get into the Alpha and Theta states. There are also several excellent "BRAIN MACHINES" that also being you into those states. These items will greatly help your being work. The audio tapes are inexpensive and should be purchased by all that want to put the practices in this to work. It makes the whole process much easier, without the fatigue and failures of doing the techniques the regular way. The Society also can help you obtain the needed Brain Machines, if you are interested. The general cost of these devices are from \$200.00 to a few thousand. As you can see, the machines are for the highly dedicated, but well worth the investment for the serious student.

The Society also carries several Radionic type devices. We also have an improved model of the device illustrated in this book. You can obtain a complete catalogue of our products by sending \$3.00 to the address in the front of the book. We also have an excellent 200 page book catalogue available in addition to the regular catalogue available for \$4.00.

### READING LIST

- 1. "Sexual Sorcery" IGOS Research Society
- 2. "Sexual Secrets" by N. Douglas
- 3. "The function of the Orgasm" by W. Reich
- 4. "Sexual Occultism" by J. Munford

PART II

PSYCHIC SILENT VOICES

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### 1. WHAT ARE THEY...

### A. Reality of Silent Voices.

It seems incredible, but everyone can can benefit from using these Silent voices, and it is easier than you think. The silent voices came from a dimension which was unknown to us in the past. Their Silent messages are full of wisdom and intelligence. By following simple instructions, we can make them inform you on any topic you need information from! Think of the power this will give you in life.

### B. Silent voices in Former Times.

In ancient times there are many stories from great men that tell of listening to Silent psychic voices from another dimension. These ancient people thought they came directly from the Gods! These voices came to these people in sleep and while awake.

### C. The Silent voices in Present Savage Tribes.

In present tribes around the world, there is a person in each tribe that listens to these silents voices and then brings them to their tribe in general. This person is generally called the Shaman.

By means of different direct procedures, some unpleasant and painful, and others using certain mind altering drugs, these Shamans listen for listen messages from other planes. You can tap into the same power WITHOUT all the strange and dangerous practice. These Silent Psychic voices can be syntonize in a pleasant and instantaneous way.

### D. Scientific Contributions.

The Silent Voices arise when we reach an altered state of conscious. Altered to such a degree that we immediately enter another dimension, another plane. The this plane or state is called THETA. In this state we momentarily lose contact with the surrounding daily world. Whenever we fall asleep. we pass through this state, for it is the obligatory stage from vigil to sleep. Each time we enter this state, we hear Silent psychic voices, along with images. Thus, a whole dimension is opened up to us. A dimension where time and space is free from "normal" restrictions and where you can tap into information generally not available to you.

### E. Characteristics of the Silent Voices.

Listening to Silent Psychic voices is a unique experience different from other psychic events. The momentary alteration of the consciousness that enables us to tap into the Silent voices is sudden and almost violent, like the voices which in most cases wake us up and return us to this world with the needed information. This allows us to remember and use the information we were just given in this state.

You must reach the proper altered state to get the needed information. If you do not reach this state, the information you get is subject to error. If you only reach the state of Alpha, you will get poor quality information that is influenced by your conscious mind.

When you reach the correct THETA state, you will immediately hear the Silent Psychic voices. On some occasions, the messages will be composed of brief words, or even of just "yes" or "no". Other occasions they will be made up of phases of short of long messages. The Silent Psychic voices may be gentle, calm or as in general loud and imperative. The messages are usually direct and literal, easy to understand and to use in your life. One way or another, the Silent Voices will bring useful and unpredictable information.

### F. How we can use the Silent Voices.

We can syntonize and listen to the Silent Psychic Voices in order to obtain any type of information we wish to acquire. This information is unavailable to access in any other way. You can gain information in regards to business, love, friends, health, etc.Because these voices come from another dimension the distance at which the object we need information about is unimportant. This dimension knows no time or space. Thus, we can employ them to know thefuture, or something happening in another place, or about the thoughts of a person etc.

The more you use the technique, the greater the results you obtain will be. Using this psychic technique in your daily life will gain you must success in yourlife. It is a great "edge" to have in life over the general population.

- 2. How To Syntonize Them.
- A. When This Experience Must Be Carried Out.

Syntonizing and listening to Silent voices is a voluntary and instantaneous experience, therefore, we may choose the time of day we wish to use the technique. Anyone for do this technique with a little practice.

You can do the technique any time you wish, whether this is in the day or night. Any time you are overwhelmed by a situation whose nature or outcome you want to know.

### B. Necessary State of Consciousness.

To make these techniques work for you, you need to momentary alter or loss of consciousness. You must find the intermediate state between Vigil and sleep state of mind. The altered state brings the Silent Voices to you naturally, just before you fall into sleep state. It is at this precise instant you will hear the Silent voices. By knowinglyogoging into this state, you can learn from, and tap into the great knowledge of the silent Voices.

In order to listen to the Silent Voices, you must achieve a complete and breaking with the psychic reality of that moment and transport our consciousness to another dimension. Only in this dimension can you establish contact with the Silent Voices. This is the key to whole technique. To help you do this, the Society offers tape cassettes that will help you reach Theta and Alpha states. These are great tools to bring you to the correct dimension fast. Once you learn to reach Theta, you can gradually use the tape less and less, or get to the state faster. Write to the Society for prices, and more information on these tapes.

Relaxation is the needed state before you can enter Theta. If you are tense, it will block you from getting into the needed state to hear the Silent Voices. Start by relaxing all your muscles from your toes to your head. As your muscles relax, you will start the process of getting ready for Theta.

C. Penetrating the Dimension of the Silent voices.

Once you are lying down with your eyes closed, and are as relaxed as possible, we will being the necessary mental work.

You first formulate the question you want in your mind. Repeat it over and over in your mind in a monotonously manner. Then, you need to listen for the Silent Voices to speak with you. If you want,

you can mentally move to another place, or play with the images that appear to you. The key is to NEVER Stop repeating your question mentally and monotonously to yourself. This last point is VERY IMPORTANT! This is the only way to get the Silents Voices into your consciousness.

After learning this technique well, you can at anytime enter this stated as needed. If you run into a problem, lay down and go into the proper state. The silent Voices will give you the answer to the problem.

### D. Occurrence of the Phenomenon

You have already seen that in a deep altered state of consciousness, as is the case when you fall asleep, the Silent Voices are immediately heard. Sudden images will also appear, but it is the Silent Voices that you need to take great note of.

If you close your eyes in a state of relaxation, and mentally repeat your question, over and over, you will get answer to your question. As you do this practice you will know instantly know when you are your answer. It will not be confused with dreams or any other psychic message.

These Silent Voices will come from the center of your head. They tend to WAKE YOU UP, by doing this you can remember the special message you have asked for. These voices may sound like a man's or a woman's voice, or an irrecognizable voice. The voice can be soft or very powerful, but their vibration and intensity will always wake you up. The answer may be a simple "yes" or "no", or a phrase that will explain your answer. It is hard to say how they will manifest. It can come in many ways, and forms. Just, be open and ready for how ever they come.

### E. Nature of the Information.

The received message may be literal and direct, or it can be hidden and symbolic. With the last you will to use some thought to fully understand the meaning that was given to you. Sometimes these symbols are the only way your mind can fully understand what

you need to be told.

F.Factors which Favor our Syntonization with the Silent Voices.

The altered state of conscious that is needed to tap into the
Silent Voices, can be established deliberately or accidentaly in
several ways.

There are several abnormal states that can help you slip into the alter- state needed to contact the Silent Voices. These are when you have a high fever, drunk some alcohol, and are very tired and sleepy. These along with access sexual activity can bring you into the state easily. The problem is, that you may misunderstand the message even to you if the abnormal state is too intense. Basically, all these abnormal states bring on relaxation.

- 3. Cases in Which We Can Invoke The Silent Voices.
- A. Money.

You can use the silent Voices in order to help yourself with any type of Money, Financial or Investment problems. These silent voices can tell you if the business will be successful, or what your competitor will do..

Before hiring a person, you ask the Silent Voices if the person is correct for the job, or which of the applications should you inquire more about. The more you use the Silent Voices the more you will notice that they give you the correct information.

You may want to ask the voices when is the right time to sell a stock, or make an investment. Any time you are unsure, is a time to consult the Silent Voices. Even if you are sure, you can ask if it was the right choice.

### B. Love.

In relationships the Silent Voices are a great source of pure uninfluenced information. You can ask all kinds of questions in this type of situation: How will this relationship turn out?, Is this person right for me?, Is this person faithful to me?. You can also use the Silent Voices as a lie detector. Asking, does a person lie to to me? Should you get married etc..

### A. HEALTH.

You should consult a Doctor anytime you have a health problem, but by using the Silent Voices you can help your Doctor and yourself. Not only can you ask about the illness you may have, but what drugs will work best for you. If you are to go into a hospital, you can ask which one is best, what Doctor to use, and what is the best treatment. Again, you can ask any question you wish in this area, like, "Do I have the best doctor for this illness". By using the silent Voices you can check all kinds of information you get.

### D. Enemies.

With the Silent Voices, you can learn the thoughts of your enemies, and find ways to neutralize them, drive them away or defend yourself from them. You can also learn is a person is psychically attacking you, or plans to physically attack you. Knowing this type of information is of a great help. It could even save your life. The Silent voices can let you know when you may be attacked or robbed. You can ask if your house is safe. You can ask the best way to defend yourself, the best way to attack, and if the person is psychically attacking you.

### E. Lost Objects.

The silent voices can be a great help for finding lost objects. Many have been very successful in asking the location of lost objects. Use this technique to find: A lost dog, a stolen car, and even HIDDEN TREASURE!!

### F. Games of Chance.

You can also consult the Silent Voices in order to know which Lottery numbers will win, horse to bet on, what sports team will win, as you can see, you can use it at any game of chance. While this will take some practice, it can be a great help to the gambler. Any insight is a plus in a game of chance. If you work with this technique, you will greatly increase your chances of winning. Even those, this is one of the hardest to get quality information from.

### CONCLUSION

By using the Psychic Silent Voices, you can greatly increase the quality of your life. This is not a new technique, but it is the first time that it has been given to the public in a easy to understand and follow technique.

Once you use the technique on a regular basis, it will become second nature to you. Before that happens, you will have to put in a good deal of time learning how to get into the correct altered state of consciousness. By using the tapes available through the Society, you can save yourself a lot of pain and stress.

I will leave you with this, If is was easy to do this technique, everyone would be doing it, and it would have little value. Those that work at these techniques, will have a great deal success in the end with their life in general.

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